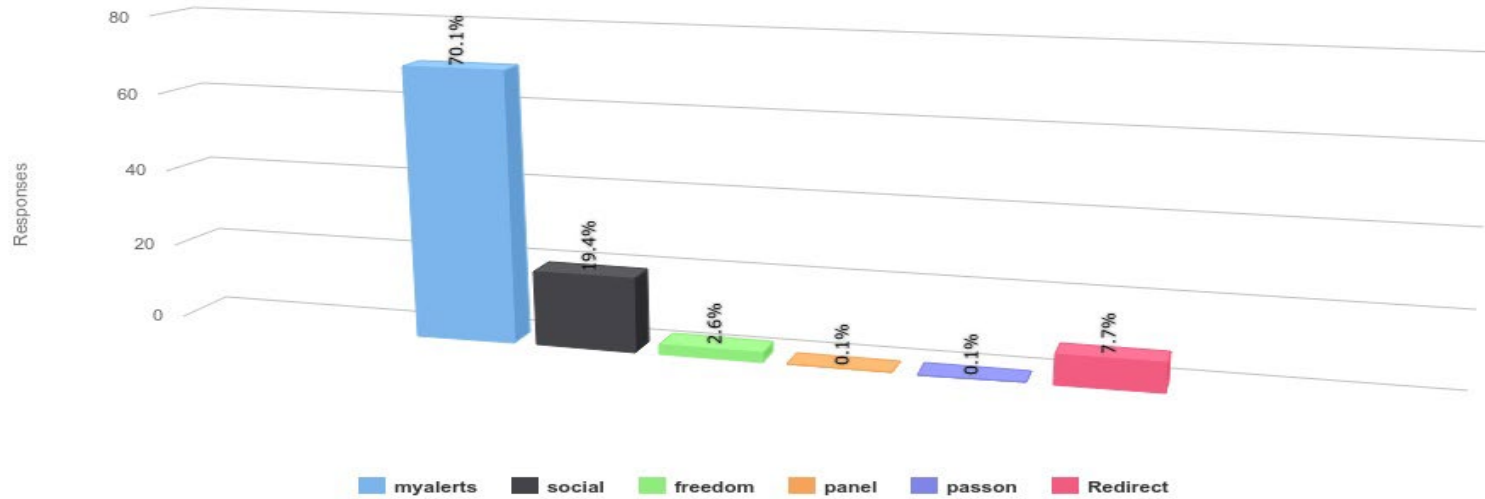


Appendix 3: Combined Survey Results

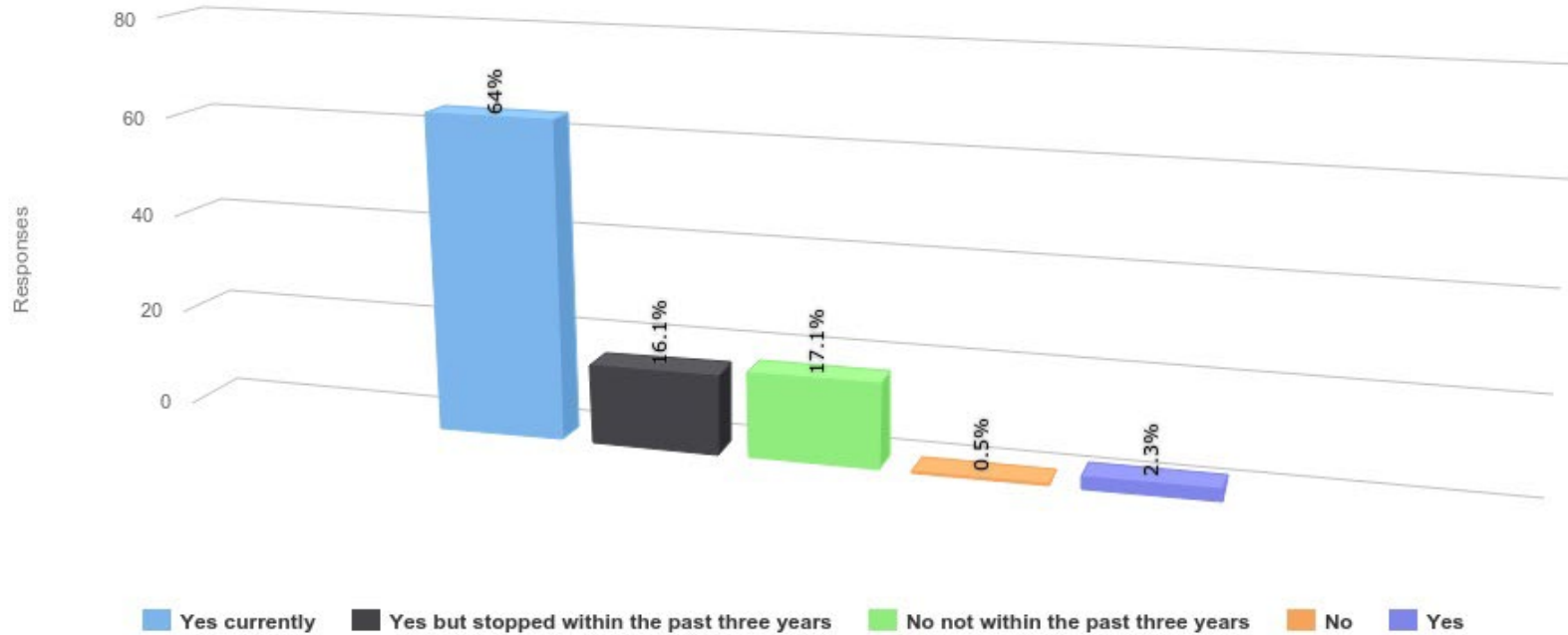
1. Source



Answer	#	%
My Alerts	989	70.1%
Social media	274	19.4%
Freedom	36	2.6%
Research panel	1	0.1%
Passed on emails	2	0.1%
Redirect	109	7.7%
Total	1411	100%

Skipped	3	0.21%
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2. Have you taken part in any leisure activities or physical activity in the past three years?

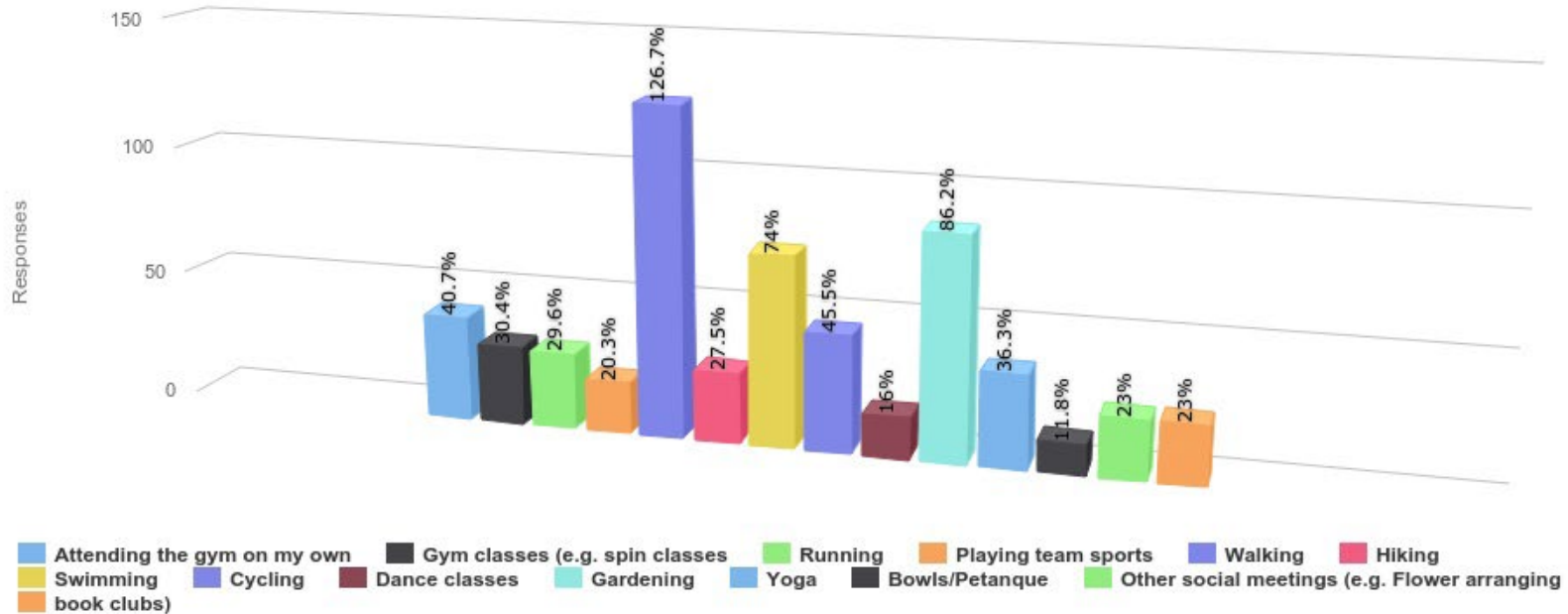


Answer	#	%
Yes currently	905	64%
Yes but stopped within the past three years	227	16.1%
No not within the past three years	242	17.1%
No	7	0.5%
Yes	32	2.3%

Rother District Council
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Total	1413	100%
Skipped	1	0.07%

3. What types of leisure or exercise activity have you participated in the past three years? Please click on all that apply.



Answer	#	%
Attending the gym on my own	265	40.7%
Gym classes (e.g. spin classes)	198	30.4%
Running	193	29.6%
Playing team sports	132	20.3%
Walking	825	126.7%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Hiking	179	27.5%
Swimming	482	74%
Cycling	296	45.5%
Dance classes	104	16%
Gardening	561	86.2%
Yoga	236	36.3%
Bowls/Petanque	77	11.8%
Other social meetings (e.g. Flower arranging book clubs)	150	23%
	150	23%
Total	651	100%
Skipped	318	32.82%

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4. What types of leisure or exercise activity have you participated in the past three years? Please click on all that apply. (Other)

Answer	#	%
Pilates & Aqua aerobics & flower club		0%
Golf	16	6.8%
Pilates	23	9.7%
Leading my retired horse for walks i.e. not riding him	1	0.4%
keep fit sessions	1	0.4%
Tai Chi classes	1	0.4%
Snooker at the RBS Little Common	1	0.4%
Ten pin bowling	1	0.4%
Online HIIT workouts	1	0.4%
Child's swim classes	1	0.4%
Decorating	1	0.4%
Ice skating	1	0.4%
Tennis	19	8.1%
Exercise classes run by RESP		0%
Aqua aerobics	1	0.4%
Badminton	13	5.5%
River rowing	1	0.4%
No.	1	0.4%
Bootcamp	1	0.4%
Zumba	1	0.4%
Tai Chi	2	0.8%
Singing	1	0.4%

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Answer	#	%
tai chi and chair base exercise	1	0.4%
aqua fit in swimming pool	1	0.4%
Bowling	2	0.8%
Skiing	1	0.4%
Online Pilates	1	0.4%
Fitness sessions at home following an online programme	1	0.4%
Tai chi	3	1.3%
aqua aerobics	1	0.4%
Visiting museum	1	0.4%
Angling	1	0.4%
Home exercise: jogging mobility and flexibility exercises	1	0.4%
Pickleball Golf	1	0.4%
Weight training at home	1	0.4%
Home workout	1	0.4%
Mexican domino's	1	0.4%
Beach	1	0.4%
Horse riding	6	2.5%
Paddle boarding	4	1.7%
Chi Kung at the De La Warr		0%
taking my children to local play areas/adventure playgrounds	1	0.4%
Birdwatching	2	0.8%
Golf and hydrotherapy	1	0.4%
Pilates	5	2.1%
Fitness class	1	0.4%

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Answer	#	%
Table tennis	2	0.8%
Fishing	1	0.4%
Active volunteer work	1	0.4%
Tai chi classes	1	0.4%
Aqua	1	0.4%
choral singing Bexhill Choral Society and art classes and workshops with Bexhill Artists' Workspace		0%
Horse riding		0%
Ladies fitness to music	1	0.4%
On line Pilates	1	0.4%
Equestrian	1	0.4%
Home rowing machine	1	0.4%
kayaking	1	0.4%
Tai chi		0%
Golf Pilates	1	0.4%
Pilates and HIIT work outs all at home	1	0.4%
Church social outings	1	0.4%
Sauna steam room jacuzzi	1	0.4%
Kayaking	3	1.3%
watching football	1	0.4%
Refereeing youth football and also running and coaching a youth football club	1	0.4%
Badminton And riding	1	0.4%
Bird watching	2	0.8%
Aquafit	2	0.8%
Doing exercises at home on a weekly basis	1	0.4%

Rother District Council
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Answer	#	%
Football	1	0.4%
Walking football. Pentique. Lawn darts.	1	0.4%
Online chi kung and dance cross training and indoor rowing	1	0.4%
Book Group	1	0.4%
Squash	2	0.8%
giving and listening to talks	1	0.4%
Clay Pigeon Shooting	1	0.4%
Exercise in my own home	1	0.4%
Nordic Walking	1	0.4%
Netball	1	0.4%
Narrow boating		0%
Classic Car use/shows Model railways	1	0.4%
Rowing	1	0.4%
Outdoor classes	1	0.4%
Boxing	2	0.8%
Peleton	1	0.4%
Skating	1	0.4%
Pottery class	1	0.4%
golf	2	0.8%
Pilates lindy hop	1	0.4%
Croquet	1	0.4%
Dog agility		0%
archery	1	0.4%
Riding (horses)	1	0.4%

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Answer	#	%
Paddleboarding boxing tai chi	1	0.4%
Gym with a personal trainer to resolve mobility issues.	1	0.4%
climbing	1	0.4%
Music festival with camping. Certainly a workout!	1	0.4%
Indoor wall climbing	1	0.4%
climbing wall	1	0.4%
Squash Zumba	1	0.4%
Horse riding scuba diving skiing rock climbing	1	0.4%
Mr Motivator videos home gym equipment	1	0.4%
On-line exercise classes during pandemic with Goldster	1	0.4%
football	1	0.4%
Choir/singing group		0%
Tai Chi and Pilates	1	0.4%
Competitive and leisure flying of model aircraft	1	0.4%
Karate	1	0.4%
Target shooting	1	0.4%
Historic European Martial Arts (HEMA)	1	0.4%
Chi gong	1	0.4%
work parties at the Highwoods	1	0.4%
Segwaying	1	0.4%
Quilting classes	1	0.4%
Going to live events to see music comedy and a festival	1	0.4%
Tennis and Golf		0%
Pilates		0%

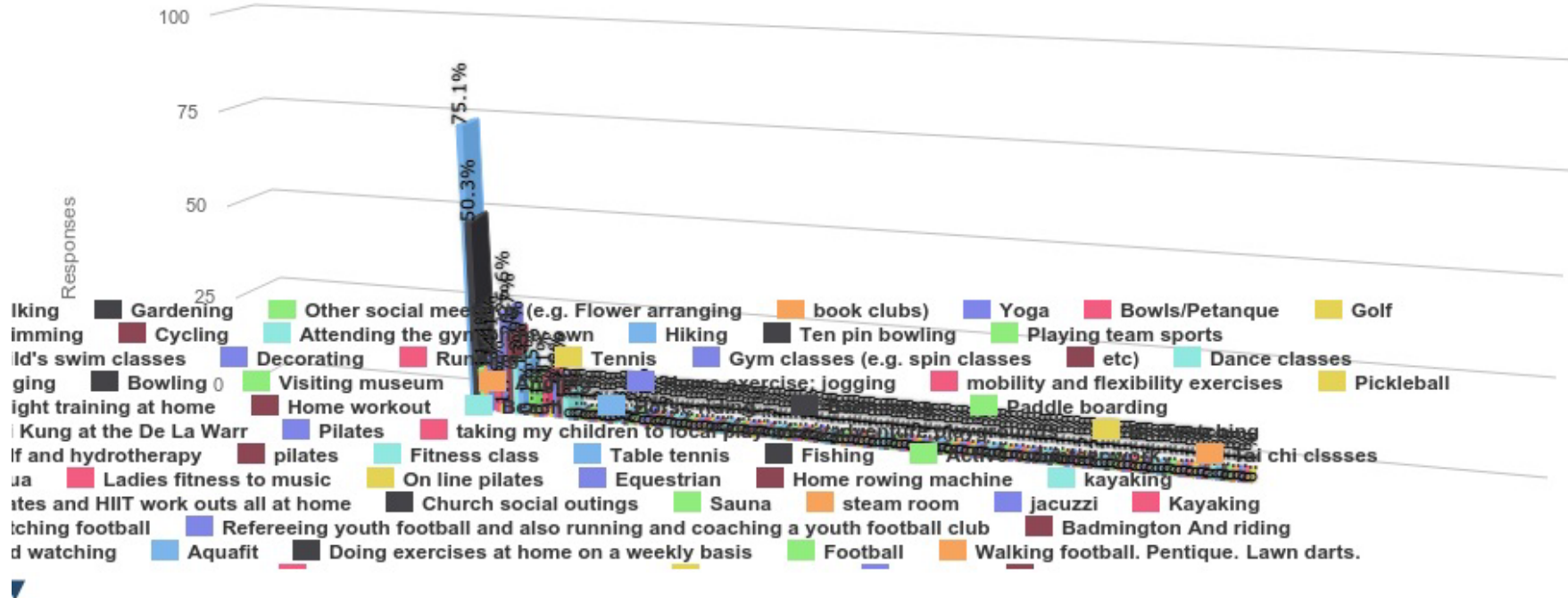
Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Aquafit classes	1	0.4%
Dog walking twice a day - 20 minutes each time at least	1	0.4%
tennis	1	0.4%
short tennis	1	0.4%
indoor rowing	1	0.4%
amateur theatre	1	0.4%
Bexhill Breathers exercises for elderly who have chest and other medical conditions	1	0.4%
tai chi	1	0.4%
women's institute women's section of the British legion		0%
Horse riding (my own horse)	1	0.4%
Music Pilates	1	0.4%
Tai chi Pilates via Zoom	1	0.4%
Pickleball	1	0.4%
Sailing	2	0.8%
Table Tennis	1	0.4%
Peloton at home	1	0.4%
community cleaning road signs litter picking sowing wild flower verges cutting back tree branches that are obscuring road signs.	1	0.4%
After many years of using gyms I have slowly collected suitable items that I now keep and use at home. I used to cycle but an accident breaking my arm in 2 places stopped that.	1	0.4%
Badminton & Aqua	1	0.4%
Keep fit	1	0.4%
Help with local charity	1	0.4%
Workouts at home	1	0.4%
Golf skiing	1	0.4%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Dog walking	1	0.4%
Pilates home exercise routine U3A groups of International Law Mah Jong and their monthly meetings		0%
hula hooping	1	0.4%
Golf.	1	0.4%
Archery	1	0.4%
badminton & squash	1	0.4%
CROQUET	1	0.4%
theatre visits	1	0.4%
Paddle boarding		0%
Morris Dancing	1	0.4%
I have my own Cycle and Rowing machines.	1	0.4%
sailing skiing trampolining		0%
Taekwondo	1	0.4%
Croquet. Member of a croquet club	1	0.4%
Wing Chun	1	0.4%
Martial arts	1	0.4%
Attending Band (music) events	1	0.4%
Total	236	100%
Skipped	1167	83.18%

5. And which activities are you participating in now?



Answer	#	%
Walking	748	75.1%
Gardening	501	50.3%
Other social meetings (e.g. Flower arranging)	114	11.4%
book clubs)	114	11.4%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Yoga	140	14.1%
Bowls/Petanque	56	5.6%
Golf	17	1.7%
Swimming	265	26.6%
Cycling	206	20.7%
Attending the gym on my own	138	13.9%
Hiking	129	13%
Ten pin bowling	1	0.1%
Playing team sports	95	9.5%
Child's swim classes	1	0.1%
Decorating	1	0.1%
Running	110	11%
Tennis	15	1.5%
Gym classes (e.g. spin classes etc)	92	9.2%
Dance classes	56	5.6%
Singing	1	0.1%
Bowling	1	0.1%
Visiting museum	1	0.1%
Angling	1	0.1%
Home exercise: jogging	1	0.1%
mobility and flexibility exercises	1	0.1%
Pickleball	2	0.2%
Weight training at home	1	0.1%

Rother District Council
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Answer	#	%
Home workout	1	0.1%
Beach	1	0.1%
Horse riding	7	0.7%
Badminton	8	0.8%
Paddle boarding	3	0.3%
Chi Kung at the De La Warr	1	0.1%
Pilates	18	1.8%
taking my children to local play areas/adventure playgrounds	1	0.1%
Birdwatching	2	0.2%
Golf and hydrotherapy	1	0.1%
Pilates	5	0.5%
Fitness class	1	0.1%
Table tennis	2	0.2%
Fishing	1	0.1%
Active volunteer work	1	0.1%
Tai chi classes	1	0.1%
Aqua	1	0.1%
Ladies fitness to music	1	0.1%
On line Pilates	1	0.1%
Equestrian	1	0.1%
Home rowing machine	1	0.1%
kayaking	1	0.1%
Pilates and HIIT work outs all at home	1	0.1%
Church social outings	1	0.1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Sauna	1	0.1%
steam room	1	0.1%
jacuzzi	1	0.1%
Kayaking	2	0.2%
watching football	1	0.1%
Refereeing youth football and also running and coaching a youth football club	1	0.1%
Badminton And riding	1	0.1%
Bird watching	2	0.2%
Aquafit	2	0.2%
Doing exercises at home on a weekly basis	1	0.1%
Football	1	0.1%
Walking football. Pentique. Lawn darts.	1	0.1%
Online chi kung and dance	1	0.1%
cross training and indoor rowing	1	0.1%
Book Group	1	0.1%
Squash	3	0.3%
giving and listening to talks	1	0.1%
Clay Pigeon Shooting	1	0.1%
Exercise in my own home	1	0.1%
Nordic Walking	1	0.1%
Netball	1	0.1%
Narrow boating	1	0.1%
Classic Car use/shows Model railways	1	0.1%
Rowing	1	0.1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Outdoor classes	1	0.1%
Peleton	1	0.1%
Skating	1	0.1%
Pottery class	1	0.1%
golf	1	0.1%
Pilates lindy hop	1	0.1%
Croquet	1	0.1%
archery	1	0.1%
Riding (horses)	1	0.1%
Paddleboarding	1	0.1%
boxing	1	0.1%
tai chi	2	0.2%
Gym with a personal trainer to resolve mobility issues.	1	0.1%
climbing	1	0.1%
climbing wall	1	0.1%
Zumba	1	0.1%
scuba diving	1	0.1%
skiing	2	0.2%
rock climbing	1	0.1%
On-line exercise classes during pandemic with Goldster	1	0.1%
football	1	0.1%
Tai Chi and Pilates	1	0.1%
Competitive and leisure flying of model aircraft	1	0.1%
Karate	1	0.1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Target shooting	1	0.1%
Historic European Martial Arts (HEMA)	1	0.1%
work parties at the Highwoods	1	0.1%
Segwaying	1	0.1%
Quilting classes	1	0.1%
Going to live events to see music	1	0.1%
comedy and a festival	1	0.1%
Aquafit classes	1	0.1%
Dog walking twice a day - 20 minutes each time at least	1	0.1%
tennis	1	0.1%
short tennis	1	0.1%
indoor rowing	1	0.1%
amateur theatre	1	0.1%
Bexhill Breathers exercises for elderly who have chest and other medical conditions	1	0.1%
Boxing	1	0.1%
Horse riding (my own horse)	1	0.1%
Music	1	0.1%
Tai chi	2	0.2%
Pilates via Zoom	1	0.1%
Sailing	2	0.2%
Table Tennis	1	0.1%
Peloton at home	1	0.1%
community cleaning road signs	1	0.1%
litter picking	1	0.1%

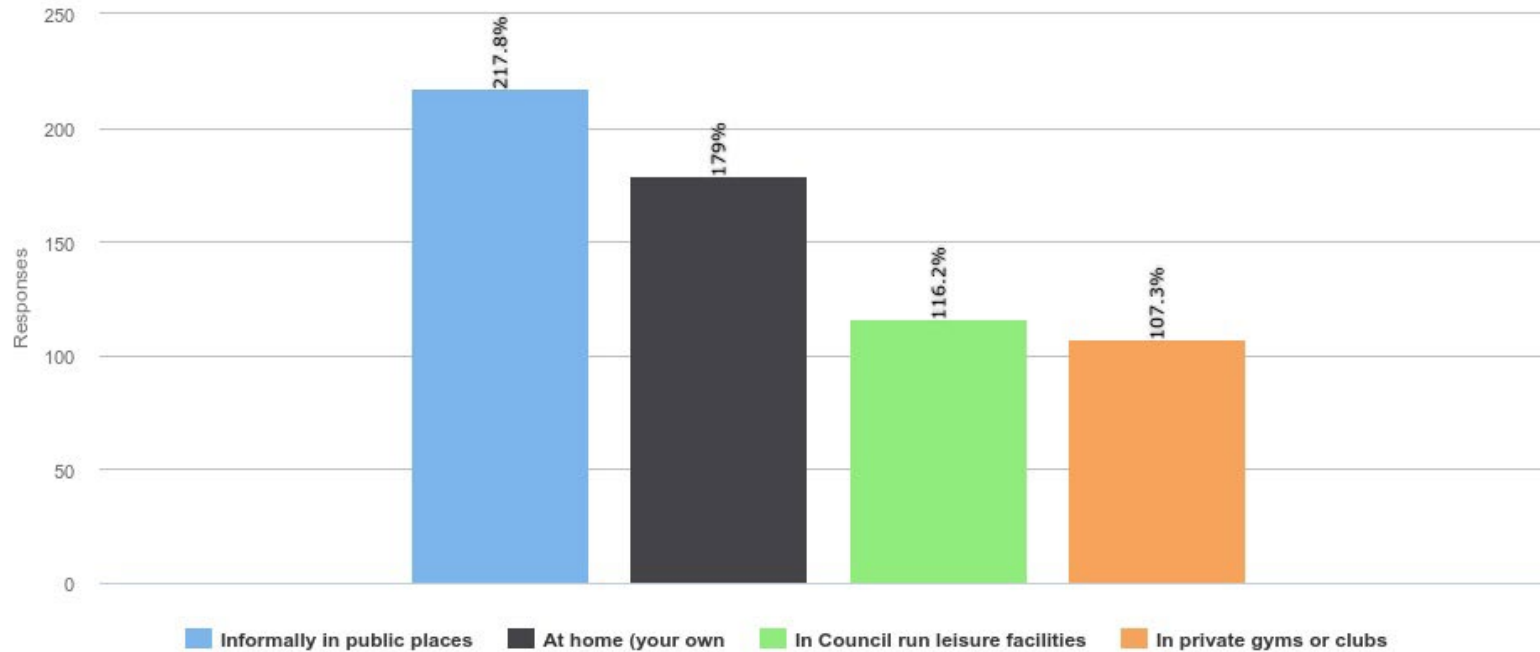
Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
sowing wild flower verges	1	0.1%
cutting back tree branches that are obscuring road signs.	1	0.1%
After many years of using gyms I have slowly collected suitable items that I now keep and use at home. I used to cycle but an accident breaking my arm in 2 places stopped that.	1	0.1%
Keep fit	1	0.1%
Help with local charity	1	0.1%
Workouts at home	1	0.1%
Dog walking	1	0.1%
hula hooping	1	0.1%
Golf.	1	0.1%
Archery	1	0.1%
badminton & squash	1	0.1%
CROQUET	1	0.1%
theatre visits	1	0.1%
Morris Dancing	1	0.1%
I have my own Cycle and Rowing machines.	1	0.1%
sailing	1	0.1%
skiing trampolining	1	0.1%
Taekwondo	1	0.1%
Tai Chi	1	0.1%
Croquet. Member of a croquet club	1	0.1%
Wing Chun	1	0.1%
Martial arts	1	0.1%
Attending Band (music) events	1	0.1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Total	996	100%
Skipped	418	29.56%

6. Where have you participated? Please click on all that apply.



Answer	#	%
Informally in public places	684	217.8%
At home (your own)	562	179%
In Council run leisure facilities	365	116.2%
In private gyms or clubs	337	107.3%
Total	314	100%
Skipped	355	53.06%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

7. Where have you participated? (Other)

Answer	#	%
Local community centre and recreation space	1	0.8%
Walking along Bexhill sea front	1	0.8%
Local Golf course	1	0.8%
Village hall	10	7.6%
No.	1	0.8%
Pells pool lewes	1	0.8%
WindmillDrive	1	0.8%
community centres	1	0.8%
Bexhill Museum	1	0.8%
Rivers and Lakes	1	0.8%
Formally in public spaces	1	0.8%
Bexhill College	2	1.5%
Battle Town FC : walking football. Battle Bowls Club. Battle health walk.	1	0.8%
Private venues	1	0.8%
Pett Village Hall	1	0.8%
Local footpaths	1	0.8%
countryside walking	1	0.8%
Hired school facilities	1	0.8%
U4A Activities	1	0.8%
Church halls	1	0.8%
various church halls and community centre		0%
Riding school	1	0.8%

Rother District Council
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Answer	#	%
Bexhill College 3G for walking sports. There's a serious lack of 3G facilities in this area.	1	0.8%
Village Cricket club	1	0.8%
Hotels	1	0.8%
Church hall	2	1.5%
Bewl & Bedgebury	1	0.8%
Village hall		0%
Various venues London North Downs for walking.	1	0.8%
Cycling on the roads	1	0.8%
With yoga instructor over zoom	1	0.8%
Community centre	3	2.3%
In Parish Council recreation grounds	1	0.8%
At a riding school	1	0.8%
Rye harbouredungeness country side.	1	0.8%
Work gym	1	0.8%
church hall	1	0.8%
Village Hall	2	1.5%
Uplands Sports Centre	1	0.8%
Church community centre	1	0.8%
village halls	1	0.8%
At various shooting grounds	1	0.8%
Tennis club	1	0.8%
Running club track	1	0.8%
Rye Kino	1	0.8%
Walking around the Rother area	1	0.8%

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Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Bedgebury	2	1.5%
Eastbourne Princes park	1	0.8%
Baby Latte Battle	1	0.8%
Bedgebury guided walks sponsored by the Forestry Commission	1	0.8%
The sea	2	1.5%
Village halls and similar facilities	1	0.8%
Skateparks in Hastings. Y centre rink	1	0.8%
Yoga studios	1	0.8%
memorial Hall Battle	1	0.8%
Walking countryside footpaths Cycling in Bexhill and coast path to Hastings plus disused railways	1	0.8%
Community hall	1	0.8%
Hastings college	1	0.8%
Battle momori hall	1	0.8%
Privately run dog shows		0%
Churches	1	0.8%
Meadow and cattle Fields and woodlands	1	0.8%
local woods	1	0.8%
The Lion's Den outdoor fitness facility Brede	1	0.8%
Allotment	2	1.5%
A local school	1	0.8%
Workplace	1	0.8%
Private Pilates classes	1	0.8%
Sea	1	0.8%
Local village hall	1	0.8%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Battle Guide Hut Memorial Hall Claverham Sports Centre Emmanuel Centre	1	0.8%
Forest Bedgebury local footpaths Parkrun		0%
Charity run leisure facilities	1	0.8%
Local pub garden	1	0.8%
Highwoods Golf Club		0%
destination leisure facilities	1	0.8%
Bridle paths climbing centres the sea abroad	1	0.8%
Customers gardens	1	0.8%
Public footpaths	1	0.8%
Private yoga classes	1	0.8%
Nature reserves	1	0.8%
Church hall theatre memorial hall		0%
General countryside	1	0.8%
At how me on Zoom	1	0.8%
The Pelham Hotel/Purefit	1	0.8%
Beach. Public Footpaths and public golf courses	1	0.8%
The Polegrove bowling greens	1	0.8%
British Model Flying Association National Centre	1	0.8%
Bisley and lydd ranges	1	0.8%
bike park Wales and forestry cycle routes	1	0.8%
Maidstone	1	0.8%
Church	1	0.8%
De Le Warr Pavillion Love Supreme Festival	1	0.8%
Community halls	1	0.8%

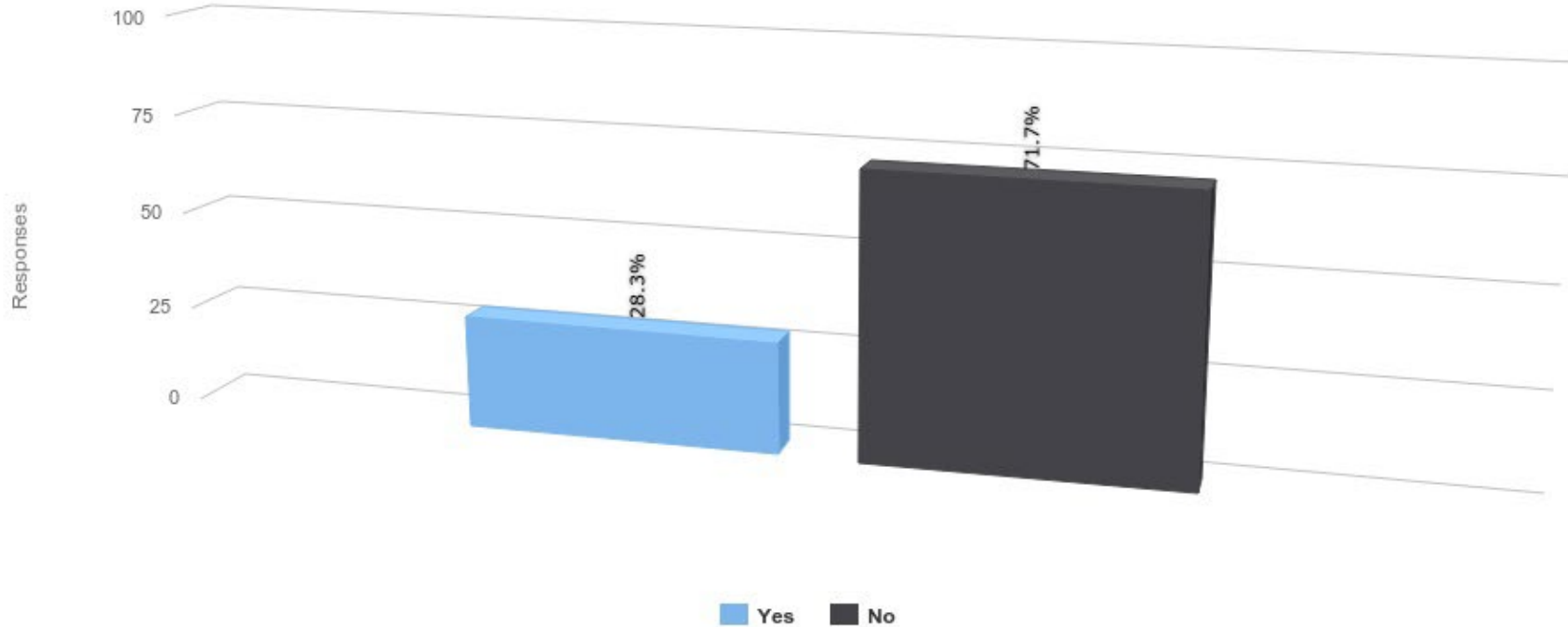
Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Dance in church halls		0%
local halls	1	0.8%
The Pelham In Bexhill	1	0.8%
Egerton pk (bowls)dot community center (little common) British legion little common(keep fit)		0%
Pebsham community		0%
In the sea swimming.	1	0.8%
Town Hall	1	0.8%
Was in memorial hall Battle	1	0.8%
Pevensey Bay from Sovereign harbour	1	0.8%
Pelham little common Clifford Road.	1	0.8%
Tennis club and village hall	1	0.8%
Community and church halls	1	0.8%
Local village halls	1	0.8%
St Peter's Community Hall	1	0.8%
Schools - both private and state	1	0.8%
Local hall	1	0.8%
In the sea	1	0.8%
Local forestry commission and public footpaths	1	0.8%
Private homes church hall hotel lounge	1	0.8%
Church Halls		0%
Walking on sea front Bexhill	1	0.8%
Bexhill leisure centre	1	0.8%
Local cricket club	1	0.8%
Juggling club	1	0.8%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

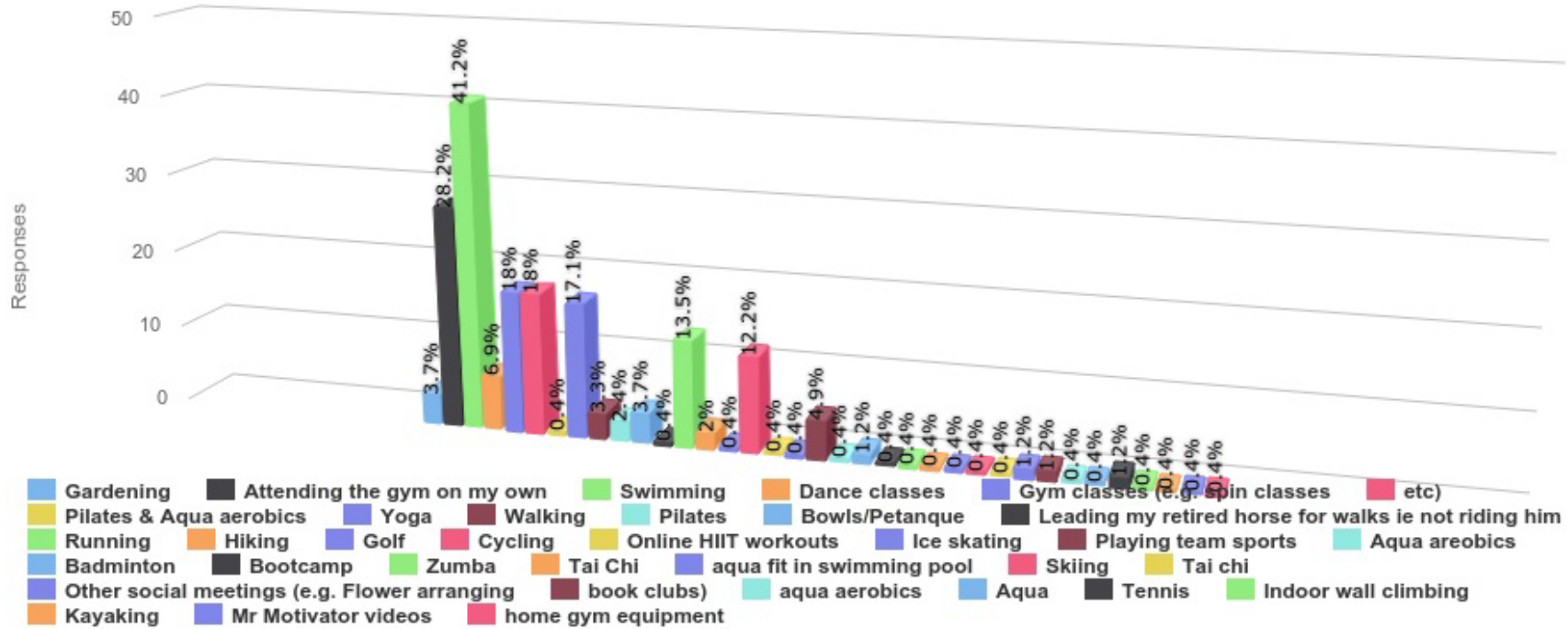
Answer	#	%
Local community centre - Pilates	1	0.8%
Swimming in private school pool Claremont	1	0.8%
Member of 1066 Cycling Club river swimming in Rother	1	0.8%
Private Golf Clubs	1	0.8%
Local Social Club Halls & Church Halls	1	0.8%
St Leonards seafront	1	0.8%
Various music venues	1	0.8%
Total	132	100%
Skipped	1273	90.6%

8. Have you stopped participating in any of these activities?



Answer	#	%
Yes	304	28.3%
No	772	71.7%
Total	1076	100%
Skipped	338	23.9%

9. Which ones have you stopped?



Answer	#	%
Gardening	9	3.7%
Attending the gym on my own	69	28.2%
Swimming	101	41.2%
Dance classes	17	6.9%
Gym classes (e.g. spin classes	44	18%

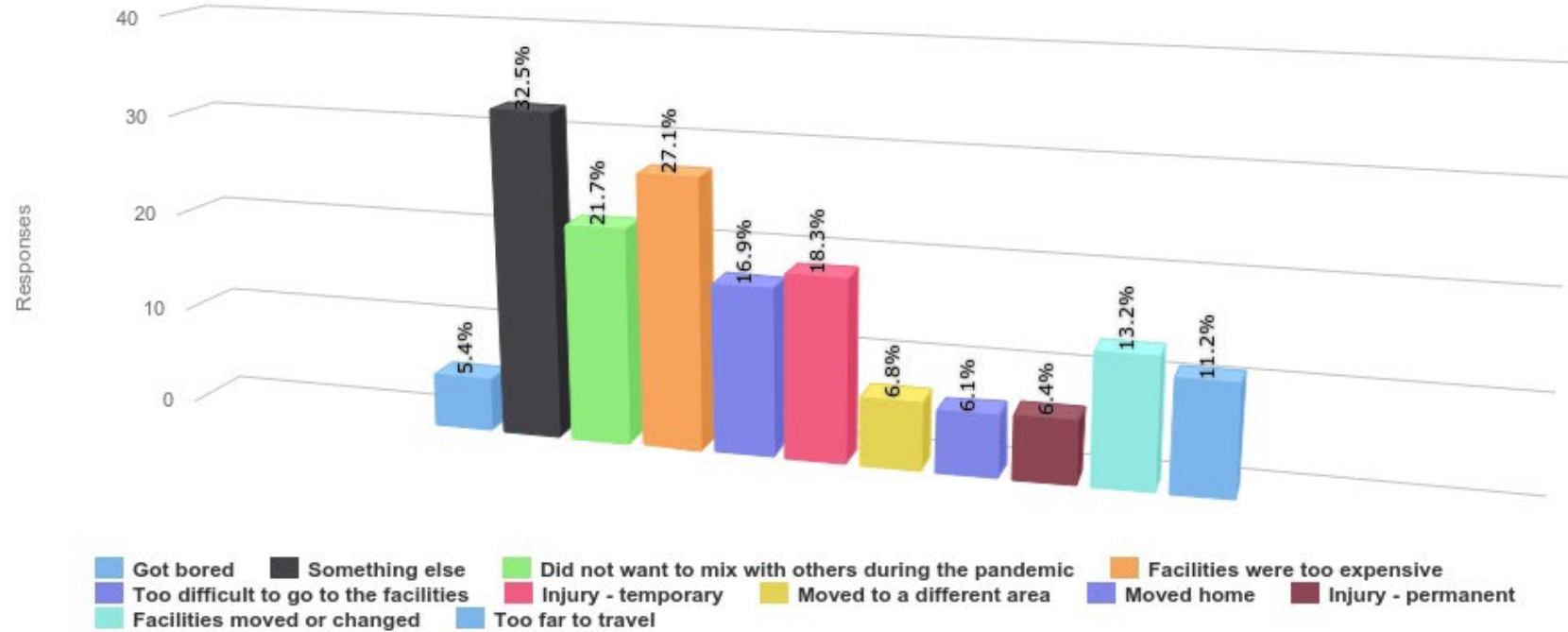
Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
etc)	44	18%
Pilates & Aqua aerobics	1	0.4%
Yoga	42	17.1%
Walking	8	3.3%
Pilates	6	2.4%
Bowls/Petanque	9	3.7%
Leading my retired horse for walks i.e. not riding him	1	0.4%
Running	33	13.5%
Hiking	5	2%
Golf	1	0.4%
Cycling	30	12.2%
Online HIIT workouts	1	0.4%
Ice skating	1	0.4%
Playing team sports	12	4.9%
Aqua aerobics	1	0.4%
Badminton	3	1.2%
Bootcamp	1	0.4%
Zumba	1	0.4%
Tai Chi	1	0.4%
aqua fit in swimming pool	1	0.4%
Skiing	1	0.4%
Tai chi	1	0.4%
Other social meetings (e.g. Flower arranging	3	1.2%
book clubs)	3	1.2%

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Answer	#	%
aqua aerobics	1	0.4%
Aqua	1	0.4%
Tennis	3	1.2%
Indoor wall climbing	1	0.4%
Kayaking	1	0.4%
Mr Motivator videos	1	0.4%
home gym equipment	1	0.4%
Total	245	100%
Skipped	1169	82.67%

10. Why did you stop? Please click on all that apply.



Answer	#	%
Got bored	16	5.4%
Something else	96	32.5%
Did not want to mix with others during the pandemic	64	21.7%
Facilities were too expensive	80	27.1%
Too difficult to go to the facilities	50	16.9%

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Answer	#	%
Injury - temporary	54	18.3%
Moved to a different area	20	6.8%
Moved home	18	6.1%
Injury - permanent	19	6.4%
Facilities moved or changed	39	13.2%
Too far to travel	33	11.2%
Total	295	100%
Skipped	1119	79.14%

11. Why did you stop? (other)

Answer	#	%
Price	3	3.3%
Recovering from major surgery	1	1.1%
My husband died after illness from 2019	1	1.1%
Swimming pool was closed for months then you could not use showers when it opened	1	1.1%
The local facilities are out of date and in a terrible condition also to save money the opening hours were cut which meant when I got home from work it was too busy to get on much of the equipment	1	1.1%
facilities are old and not fit for purpose	1	1.1%
Classes always full at times I could attend.	1	1.1%
Pool I was using closed and Yoga class stopped on the day I was attending	1	1.1%
Illness	1	1.1%
Too many people swimming at 6.30	1	1.1%
Not great facilities and new ones desperately needed.	1	1.1%
Started new job	1	1.1%
Facilities are old and un motivating	1	1.1%
I'm a shift worker and my shifts stopped me from attending	1	1.1%
Covid	1	1.1%
Following end of pandemic too little time having returned to work	1	1.1%
Was looking after an elderly vulnerable relative who has since passed away after catching covid whilst in hospital	1	1.1%
Time	1	1.1%
Health issues	1	1.1%
Pregnancy and illness	1	1.1%
Time and family commitments	1	1.1%
Available times at public pools	1	1.1%

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Answer	#	%
I lost my confidence follow breast cancer treatment (swimming) & my yoga class stopped.	1	1.1%
Rother facilities are shit		0%
No childcare	1	1.1%
public swimming pool not pleasant to use	1	1.1%
Quality of staff at Bexhill. Mark unbelievably bad and unprofessional	1	1.1%
Facilities are not attractive	1	1.1%
Poor health	1	1.1%
Facilities were not very good	1	1.1%
Class stopped for Covid	1	1.1%
Difficulties with mobility. I still walk but in a more restricted way. I need flat surfaces and no hills.	1	1.1%
Surgery	1	1.1%
Tenterden pool closed for past year !!!	1	1.1%
Bereavement		0%
looking after someone	1	1.1%
Work commitments	1	1.1%
Pregnancy/ baby	1	1.1%
Foot and Cycle path would break bike/ ankle inaccessible	1	1.1%
The showers and toilets in the facilities are really not up to scratch and it made it difficult to go to the gym in the morning before work etc... as I did not want to shower there!	1	1.1%
Bexhill leisure centre is in poor condition and the showers were awful.	1	1.1%
Started work and tai chi was daytime only	1	1.1%
Surgery and general ill health	1	1.1%
don't feel it is so healthy in an indoor swimming pool- would prefer an outdoor heated pool at any time of year and also prefer female only sessions and quieter times	1	1.1%
The costs were adding up. In these trying times we all have to find ways to save.	1	1.1%

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Answer	#	%
Bexhill swimming pool too cold not clean and needs updating	1	1.1%
Exceptionally poor locally run council gyms	1	1.1%
Don't need hydrotherapy any more	1	1.1%
Covid closed the leisure centre and I got out of the habit. Also difficult to book the sessions I wanted to attend.	1	1.1%
Council parking charges outside Everton Park bowls club	1	1.1%
Facilities are tired and need modernising	1	1.1%
Pregnancy	1	1.1%
covid	1	1.1%
New job working more hours less free time		0%
Did not like the gym facilities on offer and was out of date.	1	1.1%
Need a new bike	1	1.1%
Lack of time as working 2 jobs	1	1.1%
Stress from development opposite my property.	1	1.1%
Covid pandemic partner is clinically extremely vulnerable so exercise has to be outdoor online or at home	1	1.1%
Accessibility	1	1.1%
Not enough safe places to cycle in Bexhill & surrounding area	1	1.1%
Summerfield's and Falaise are so run down and out of date it takes the pleasure out of attending.	1	1.1%
Recovering from cancer and chemo.	1	1.1%
Parking costs make regular activities hard to fund.	1	1.1%
Roads not safe to cycle and swimming often crowded.	1	1.1%
Stopped going to pregnancy yoga once I'd had the baby.	1	1.1%
Cranbrook Pool is still only operating a booking system of swimming for 1 hour only which is often full. Also the lockers at Cranbrook Pool do not have any locks. I was told by reception to put my valuable in them and not to worry!	1	1.1%
Refit of private pool and facilities	1	1.1%

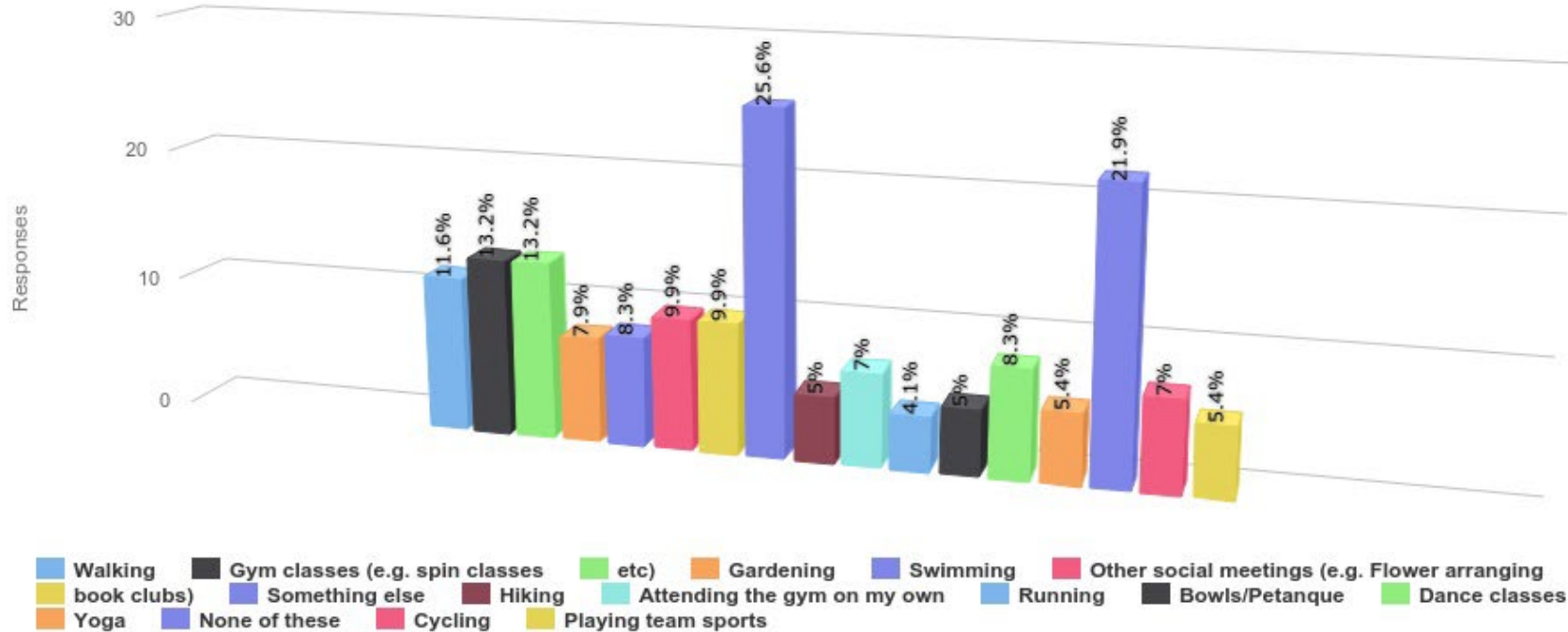
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Answer	#	%
Opening hours change	1	1.1%
the times for public lane swimming became seriously compressed and the centre closes earlier now	1	1.1%
Lack of facilities	1	1.1%
Lack of decent routes with a suitable surface	1	1.1%
Rude staff/ not available/ when classes are on etc	1	1.1%
Work gear too heavy to cycle now	1	1.1%
Arthritis in spine	1	1.1%
Covid-19	1	1.1%
Some members took the sport too seriously	1	1.1%
Was on holiday for the swimming - don't really like indoor pools; may go in the sea when it's warm enough work permitting		0%
When I was asked to shield	1	1.1%
Facilities are tired	1	1.1%
Only on for 4 weeks	1	1.1%
Didn't enjoy	1	1.1%
The roads are too dangerous	1	1.1%
Physical health decline.	1	1.1%
No family sessions after 7pm. Work until 6 eat dinner want to swim with family and can't all adult lanes or aqua aerobics.	1	1.1%
Closed due to lockdown	1	1.1%
Roads too busy/dangerous	1	1.1%
Unsafe	1	1.1%
Been too busy in the garden to play bowls.	1	1.1%
Didn't have parking change to get refunded at till	1	1.1%
local facilities feel old tired and dirty.	1	1.1%
Not enough hours in the day to fit in a class	1	1.1%

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Answer	#	%
Partner suffered a stroke and we before we would cycle together	1	1.1%
Can only do from home due to no childcare - lack of motivation	1	1.1%
Total	92	100%
Skipped	1318	93.48%

12. Do you plan to take up any of these in the future?



Answer	#	%
Walking	28	11.6%
Gym classes (e.g. spin classes etc)	32	13.2%
Gardening	19	7.9%

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Answer	#	%
Swimming	20	8.3%
Other social meetings (e.g. Flower arranging book clubs)	24	9.9%
Something else	62	25.6%
Hiking	12	5%
Attending the gym on my own	17	7%
Running	10	4.1%
Bowls/Petanque	12	5%
Dance classes	20	8.3%
Yoga	13	5.4%
None of these	53	21.9%
Cycling	17	7%
Playing team sports	13	5.4%
Total	242	100%
Skipped	1172	82.89%

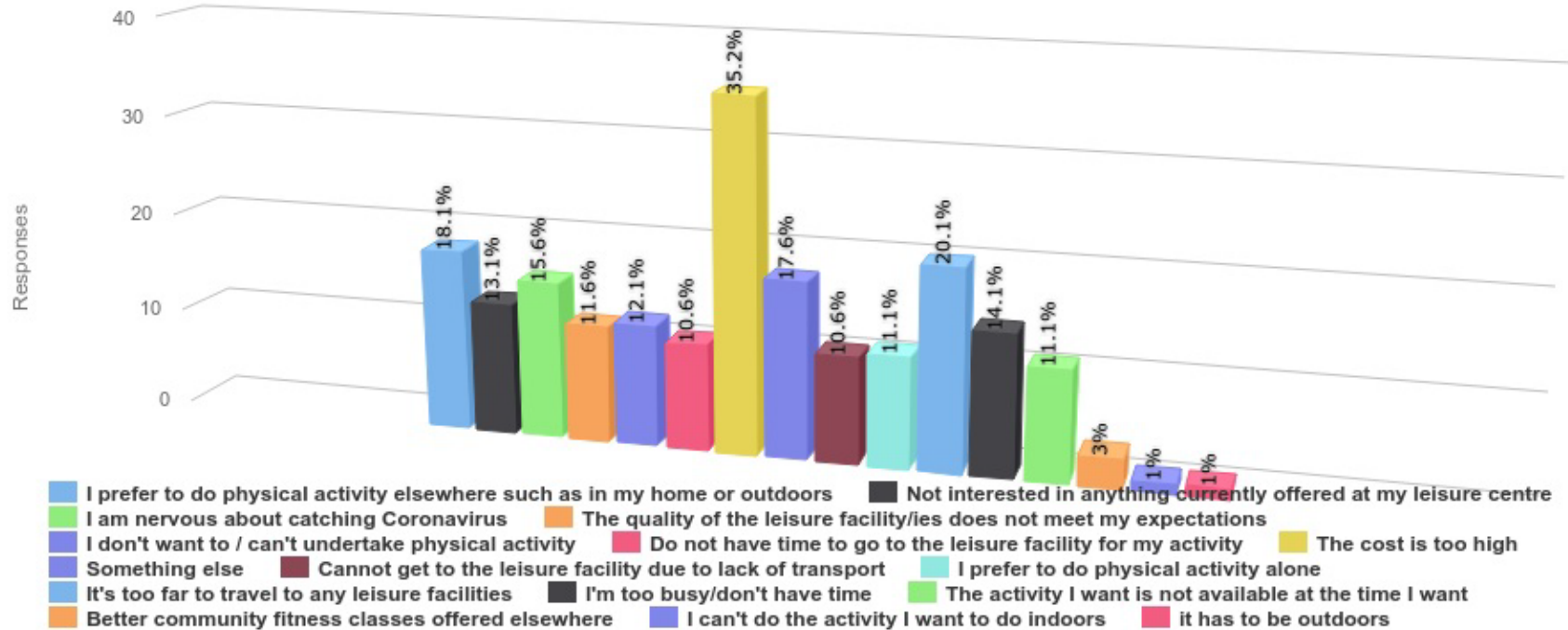
13. Do you plan to take up any of these in the future? (other)

Answer	#	%
Weight lifting	1	1.9%
Swimming again I hope	1	1.9%
Home Gym	1	1.9%
Swimming	5	9.4%
Always interested in trying new things	1	1.9%
I would like to go swimming in my own area. You promised a new swimming pool but as yet we are still waiting	1	1.9%
Running	1	1.9%
No	1	1.9%
Cycling	2	3.8%
Pilates and yoga	1	1.9%
Aqua aerobics	1	1.9%
See previous note	1	1.9%
swimming and tai chi	1	1.9%
Would like to swim	1	1.9%
Gym	1	1.9%
Tai chi again if it starts locally.	1	1.9%
Gym alone swimming	1	1.9%
I don't know at. Present	1	1.9%
Kayaking	1	1.9%
Painting classes as soon as they start again	1	1.9%
Bowls	2	3.8%
Yoga	1	1.9%

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Answer	#	%
Gym classes yoga Pilates.	1	1.9%
Skiing	1	1.9%
Swimming badminton squash	1	1.9%
20/20 health	1	1.9%
art and learning groups while socialising and managing practical new skills etc	1	1.9%
Walking	1	1.9%
Low impact exercise	1	1.9%
Might re-join the leisure centre	1	1.9%
swimming	1	1.9%
I would like to sing with others. But NOT in a way that is aimed at public performance - more old style community singing.	1	1.9%
Meditation	1	1.9%
Tennis	3	5.7%
Sea kayaking learning to sail?	1	1.9%
Baby classes. Boxing.	1	1.9%
Pilates	3	5.7%
Yoga and dance IF someone offers these at Sedlescombe Village Hall	1	1.9%
Zumba	1	1.9%
Water aerobics	1	1.9%
Using exercise bike cross trainer at home.	1	1.9%
Swimming at good facilities	1	1.9%
Badminton	1	1.9%
Total	53	100%
Skipped	1361	96.25%

14. Why don't you take part in any leisure or physical activities? Please click on all that apply.



Answer	#	%
I prefer to do physical activity elsewhere such as in my home or outdoors	36	18.1%
Not interested in anything currently offered at my leisure centre	26	13.1%
I am nervous about catching Coronavirus	31	15.6%
The quality of the leisure facility/ies does not meet my expectations	23	11.6%
I don't want to / can't undertake physical activity	24	12.1%

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Answer	#	%
Do not have time to go to the leisure facility for my activity	21	10.6%
The cost is too high	70	35.2%
Something else	35	17.6%
Cannot get to the leisure facility due to lack of transport	21	10.6%
I prefer to do physical activity alone	22	11.1%
It's too far to travel to any leisure facilities	40	20.1%
I'm too busy/don't have time	28	14.1%
The activity I want is not available at the time I want	22	11.1%
Better community fitness classes offered elsewhere	6	3%
I can't do the activity I want to do indoors	2	1%
it has to be outdoors	2	1%
Total	199	100%
Skipped	1215	85.93%

15. Other: Custom

Answer	#	%
I am disabled from a stroke and there is no trainers or facilities to provide the service	1	3.4%
I am a high leg amputee confined to a wheelchair so have problems getting anywhere. I do not know of any suitable leisure activity that would be suitable.	1	3.4%
Physical injury means unable to do most activities. The couple I could do are not accessible or facilities are poor (e.g. swimming).	1	3.4%
not able	1	3.4%
I am elderly - have not seen anything suitable for me.	1	3.4%
Locally no classes for people with disabilities and long term illness	1	3.4%
My age group 50s would not appear to be catered for at the weekends or evenings.	1	3.4%

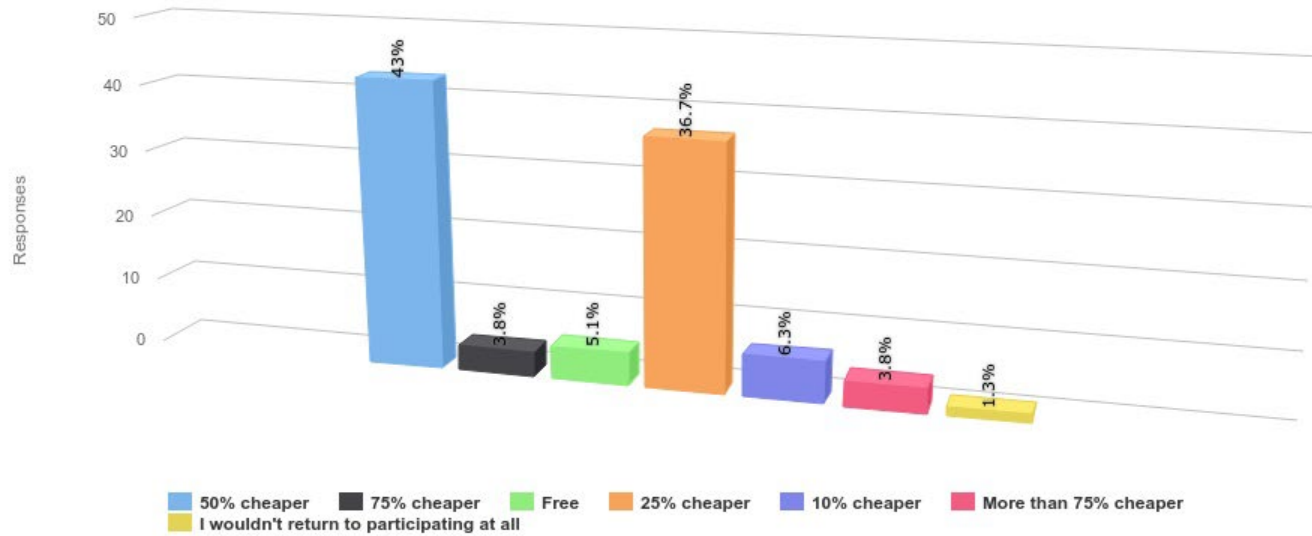
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Answer	#	%
I do not know what is available.	1	3.4%
Apart from gym facilities and swimming there is little choice for indoor activities. And definitely a lack of choice for single people. Which is why I just stick to walking and my own exercise.	1	3.4%
Have just had knee surgery	1	3.4%
I don't know where the leisure facilities are or what is on offer.	1	3.4%
what's on offer	1	3.4%
I need a class I can do with my child together	1	3.4%
1580201031	1	3.4%
nothing being offered for oxygen users or their carer.	1	3.4%
No place has a long run of walking rails or outdoor fun exercise machines for adults -like a children's' exercise playground.	1	3.4%
Confusing to actually find out or see what's going on where.	1	3.4%
It would be lovely to have a swimming pool available in Bexhill.	1	3.4%
Not enough equalize classes	1	3.4%
I don't know where the leisure centre is or what they offer	1	3.4%
Disability. Mobility issues.	1	3.4%
I am now too old to do the activities I really enjoy and so exercise with my dog.	1	3.4%
I'm retired but active enough to keep fit without formal activities	1	3.4%
Disabled	1	3.4%
Husbands health prevents a lot	1	3.4%
Health problems.	1	3.4%
I have a bad case of scoliosis	1	3.4%
I don't know what activities are available or where they are	1	3.4%
Age limitations		0%
Always at work or have child and no childcare - single parent	1	3.4%

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Answer	#	%
Total	29	100%
Skipped	1384	97.95%

16. You indicated that facilities have become too expensive. By how much would the cost need to decrease to keep you using them?



Answer	#	%
50% cheaper	34	43%
75% cheaper	3	3.8%
Free	4	5.1%
25% cheaper	29	36.7%
10% cheaper	5	6.3%
More than 75% cheaper	3	3.8%
I wouldn't return to participating at all	1	1.3%
Total	79	100%

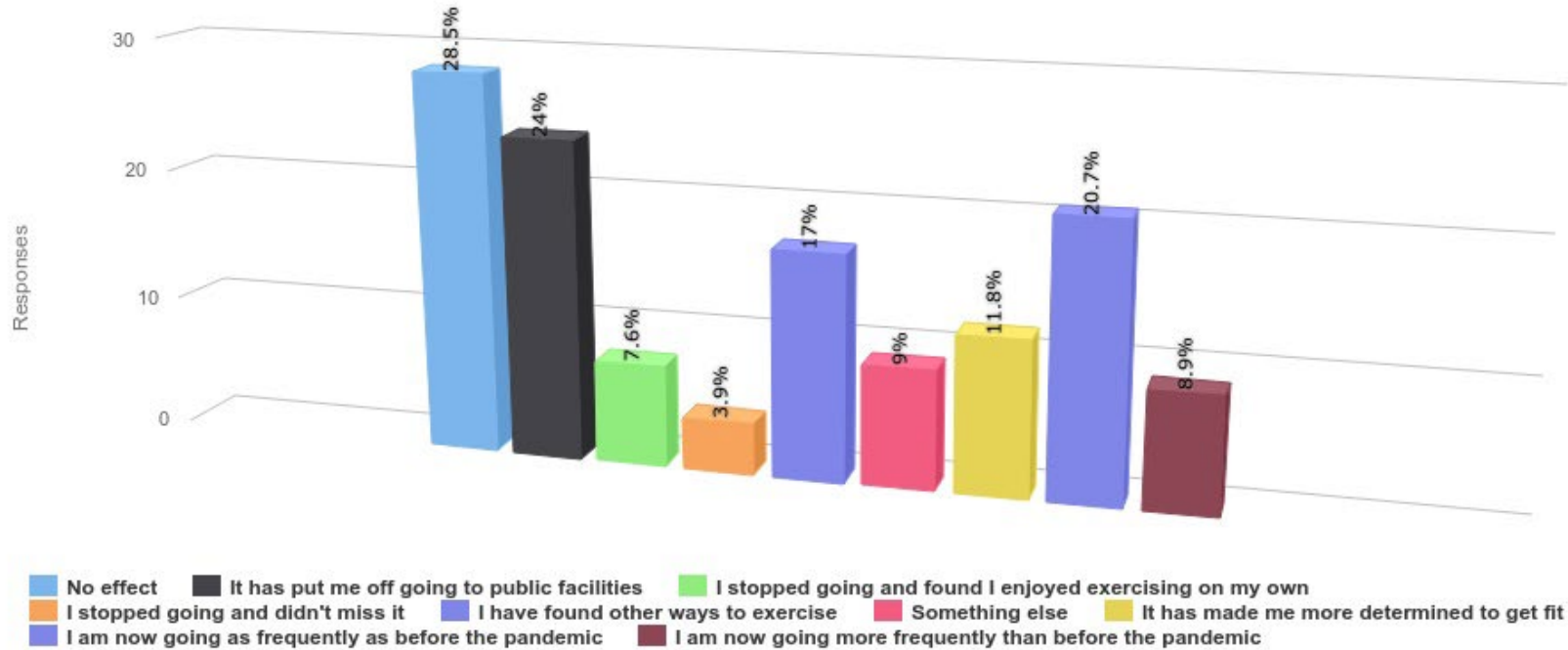
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Skipped

1335

94.41%

17. Has the pandemic had any effect on your choice of leisure facilities and activities? Please click on all that apply.



Answer	#	%
No effect	368	28.5%
It has put me off going to public facilities	309	24%
I stopped going and found I enjoyed exercising on my own	98	7.6%
I stopped didn't miss it	50	3.9%
I have found other ways to exercise	219	17%

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Answer	#	%
Something else	116	9%
It has made me more determined to get fit	152	11.8%
I am now going as frequently as before the pandemic	267	20.7%
I am now going more frequently than before the pandemic	115	8.9%
Total	1290	100%
Skipped	124	8.77%

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18. Has the pandemic had any effect on your choice of leisure facilities and activities? (other)

Answer	#	%
I have never been to a leisure facility.	1	1.1%
The leisure facilities I would use were in poor state and not kept very clean. Has made me suspect about using.	1	1.1%
Would like to do Tai Chi but not available at leisure centre at present	1	1.1%
don't know what the facilities are	1	1.1%
terrified husband on permanent oxygen would get covid	1	1.1%
What I want doesn't exist. Rye Hospital physio room has a very short run of parallel rails no use for any rehabilitation exercise. Need a long run say down the side of a paved playground. Other counties have Adult strength playground items. Helps with mobility balance strength and muscle building after operations strokes etc. Needs to be near parking or a bus stop. Is there space near the tennis courts in Hastings or next to the kids play area on the Smeaton's wharf field Winchelsea Beach? (But there is no parking). There is a bus stop at the Hall. Or perhaps just on from the cafe/restaurant on the Winchelsea Beach road. Parking at the cafe - which might bring more customers. Needs to be freely available and open to all hence being an outdoor facility that can be accessed at all hours and for free.	1	1.1%
I would like to go swimming if provided in Bexhill but do not have transport.	1	1.1%
I don't mix with people anyway and avoid crowds	1	1.1%
Broke my femur after restrictions ended.	1	1.1%
My disability means it's an ordeal for me to go for a short walk	1	1.1%
Deteriorated facilities over the pandemic puts me off using them	1	1.1%
Recovering from major surgery	1	1.1%
I moved home and as yet have not joined a gym/leisure centre.	1	1.1%
Husband I'll and died	1	1.1%
Yes I could not swim in a closed pool	1	1.1%
Pandemic caused financial problems and now I can't afford any gym or driving to my horse	1	1.1%
The class changed to Zoom	1	1.1%
My snooker partner no long plays	1	1.1%

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Answer	#	%
Too expensive to go back	1	1.1%
Injury	1	1.1%
I would like to start going but worried and embarrassed	1	1.1%
The cost of a membership per month to the Facilities you pay for. For example a gym membership in London/Liverpool is a little more expensive but the Facilities are top class. You pay around 40 pounds a month in Bexhill for limited and dated Facilities	1	1.1%
Money	2	2.3%
I had an operation that causes injuries	1	1.1%
My exercise priorities have changed.	1	1.1%
I stopped going because it's awful in this area	1	1.1%
My own mobility issues	1	1.1%
I have had a stroke and a fall damaging my left leg.	1	1.1%
Work commitments	1	1.1%
I stopped and have not restarted	1	1.1%
Cost	1	1.1%
Squash club disbanded	1	1.1%
Lost my confidence to attend	1	1.1%
Lazy just haven't gone back yet keep putting it off	1	1.1%
Gyms in Rother a disgrace. Need money invested and new managers	1	1.1%
Pilates over zoom	1	1.1%
health problems have made exercise difficult not the pandemic	1	1.1%
I am now going less frequently than before	1	1.1%
The gyms were closed. Didn't have a choice in that. They should have stayed open - it was detrimental to our health	1	1.1%
I am Clinically Extremely Vulnerable so have to avoid indoor	1	1.1%
Cost is a deciding factor. I have stopped using a private gym	1	1.1%

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Answer	#	%
My activities were cut down and not all restarted. I am not as fit and healthy as I used to be I have noticed the difference and feel it has aged me.	1	1.1%
Travel allowed me to swim again	1	1.1%
Stopped me participating in rowing at a local club	1	1.1%
Disabled session discontinued at nearest swimming pool which is Angley pool in Cranbrook. My nearest facility to Ticehurst	1	1.1%
with covid I changed my routine and may not change back	1	1.1%
I prefer outdoor activities post-pandemic	1	1.1%
Stopped Zumba classes - found 1 hour of full noise too much mainly a mental thing.	1	1.1%
We had a small team to ensure compliance with Covid measures throughout the time we were allowed to play team football	1	1.1%
Need outdoor activity 3 rd. wave coming not safe for clinically vulnerable and their relatives to be mixing indoors with others. Sad but how it is.	1	1.1%
Mobility has reduced making it difficult to go out	1	1.1%
I hope to play more tennis when I am recovered.	1	1.1%
Income changed so don't have the spare cash I used to	1	1.1%
Ticehurst healthy walks stopped being sponsored by Rother DC	1	1.1%
Prefer outdoor facilities	1	1.1%
I have a shoulder injury currently so walking instead but will be back if the lane swimming is late enough for after work swimming I am a full time worker	1	1.1%
lindy hop has been restricted to couples only	1	1.1%
Croquet was one of the leisure activities allowed to be played during the COVID lockdown due to safe distancing whilst playing		0%
Stopped going because of pandemic and want to find a new class	1	1.1%
Stopped going swimming because the pools were closed	1	1.1%
Very cautious about hygiene.	1	1.1%
Customer services got worse	1	1.1%
I avoid London and trains	1	1.1%

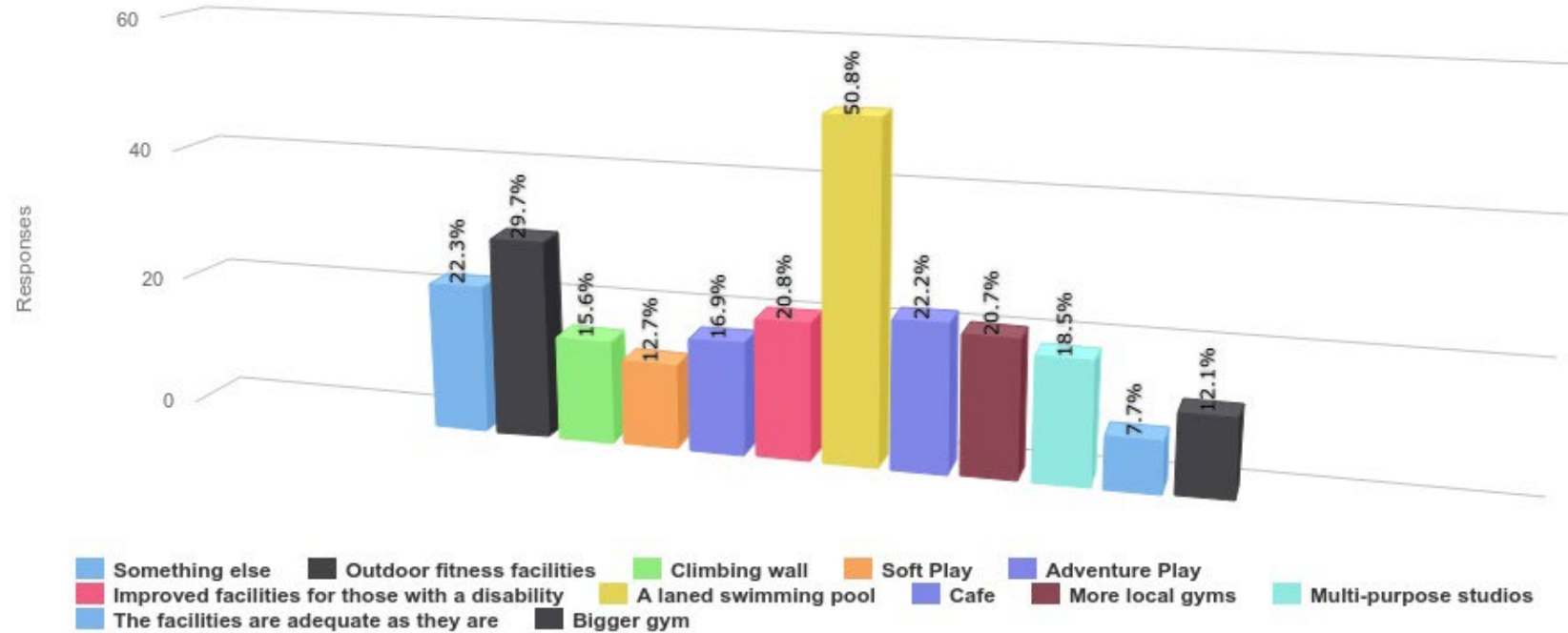
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Answer	#	%
It destroyed my momentum and it's taking time to get my mojo back	1	1.1%
There were no public classes available during the pandemic	1	1.1%
No HEMA facilities in the Rother area I have to go back to Barking in Essex.	1	1.1%
Recently moved to Bexhill on Sea from Essex.	1	1.1%
I liked the flexibility of some zoom classes & it saved on travel time	1	1.1%
Opening hours are now restricted making it harder to go at convenient times. E.g. early morning before work or late at night after work	1	1.1%
Some activities stopped (social ones) but others continued	1	1.1%
Stopped going during COVID 19.	1	1.1%
Yoga over Zoom	1	1.1%
Exercising via zoom classes means less time travelling and more time to exercise	1	1.1%
Stopped going to aqua fit	1	1.1%
Unwell	1	1.1%
It caused me to become injured on return to tennis	1	1.1%
I'm far more cost conscious now especially as company I worked for couldn't survive pandemic and I've been made redundant.	1	1.1%
Facility was closed due to covid	1	1.1%
I have not joined a swimming facility yet	1	1.1%
Lost the incentive to re-join some activities	1	1.1%
I have resumed everything but swimming. This has temporarily stopped due to surgery		0%
Doing less than before the pandemic	1	1.1%
During the pandemic tennis club was closed. Have not really returned to it as the club no longer runs the mix-in sessions and it is also a 25 min. drive away. The local tennis club is far too expensive and there are no council run facilities.	1	1.1%
Started cycling again	1	1.1%
had to stop going swimming in public pool	1	1.1%
did more walking in lockdown	1	1.1%

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Answer	#	%
I can't seem to get back into my old habit of going to the gym twice per week		0%
The pandemic & the recent parking charges have reduced our club membership. This means there is now less opportunity to bowl especially as there is nowhere for visiting clubs to park without charges	1	1.1%
I want to get back to old ways exercise i.e. swimming but no pool	1	1.1%
Doing less because classes not available	1	1.1%
Total	88	100%
Skipped	1323	93.76%

19. What facilities and services would you like to be able to access in Rother district? Please click on all that apply.



Answer	#	%
Something else	276	22.3%
Outdoor fitness facilities	368	29.7%
Climbing wall	194	15.6%
Soft Play	157	12.7%
Adventure Play	210	16.9%

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Answer	#	%
Improved facilities for those with a disability	258	20.8%
A laned swimming pool	630	50.8%
Cafe	275	22.2%
More local gyms	257	20.7%
Multi-purpose studios	229	18.5%
The facilities are adequate as they are	95	7.7%
Bigger gym	150	12.1%
Total	1240	100%
Skipped	174	12.31%

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20. What facilities and services would you like to be able to access in Rother district? (Other)

Answer	#
Bowling Alley	3
Classes for over 60's locally	1
10 pin bowling	
can't say as not able	1
Would like a pitch and put course.	1
Facilities/classes suitable for older people	1
Hydrotherapy pool	1
Evening group walks affordable tennis at the weekends	1
Gentle activities for older people - such as tai chi yoga..	1
More choice for over 50s. Badminton. Table Tennis. Darts. Anything where you can exercise at a decent pace.	1
More classes to suit working hours. More classes at the weekend earlier in the morning.	1
stop funding the white elephant on the sea front cafe unless bar useless only open certain times lived in Bexhill all my life 76 years when it was used for all sorts of entertainment now a dead dog when they have shows on seafront even the toilets are shut at 6pm waste of money put it in the hands of private business council incompetent to run it	1
I haven't the faintest idea I have never been to a leisure facility.	1
Traffic free bike track (not bmx) like at Gravesend	1
Bowling	1
Non lanes swimming pool sometimes a laned swimming pool is not wide enough and only encourages fast swimmers	
Exercise classes that are fun (e.g. dance fit Zumba etc) in the evenings as I work.	1
Better quality swimming pools and an ice rink	1
Walk for health in my area	1
Actual sports ! Badminton table tennis etc	1
The leisure and swimming pool facilities are very poor and run down! With all the Council Tax you receive and Government allowances these facilities should be new and updated clean bright and a happy place to visit and be a part off. I've visited both and couldn't wait to get out as it was dirty and dismal with no positivity and it looked like something out of the Television series "Shameless"!	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
More equipped swimming pools activities for children toddlers	1
Children's outdoor facilities are inadequate; swings removed zip-wire removed; some 'arty' facilities unsuitable for purpose	1
Tenpin bowling	2
Accessible badminton table tennis for older people	1
Improved outdoor parks in areas of Bexhill as half the apparatuses are broken and impacts on kids	1
Tailored to the elderly	1
A swimming pool or lake closer to home	1
Ten pin bowling	4
free dancing keep fit and Zumba	1
Outdoor lido/water sport facility	1
Facilities being used locally with toilets nearby to be usable and clean!	1
The gyms to be refurbished as they are very run down	1
One depth swimming pool close to where I live	1
Sports etc suitable for older people	1
Exercise equipment on the Seafront & Crazy Golf	1
The facilities are tired and old. They need updating.	1
Better access to 3G multi-use sport pitches	1
outdoor track like battle	1
Local Bowling alley and the opportunity to do one to one fitness classes initially at affordable prices + amenities in outdoor spaces to exercise with public toilets close by	1
Oasis pools	1
Ice rink	2
More family areas with a paddling pool and picnic areas	1
Better quality staff	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Cycle and walk ways on fairly levels paths in rural areas (woodland countryside. Also a better network of footpaths to towns to enable and encourage people to walk more to work/school/shops	1
Better availability for over 60	1
More opportunities for walking in countryside	1
Pool use for disabled like walking through water and aquarobics	1
Online Remote Groups	1
More dog friendly venues especially bowls clubs	1
exercise for the over 70 s	1
Aqua Fit if pool is safe from covid	1
Cycle paths	1
Organised fitness classes	1
Racket sports	1
More for people to start exercising with injuries and disability	1
adult cycling lessons and adult swimming lessons classes not private only.	1
outdoor pursuits and swimming pools	1
Badminton court	1
More disabled access to lakes and rivers	1
Outdoor pickleball court	1
I don't think we need a Leisure Centre any longer. The private sector is more than able to supply anything that the Leisure Centre currently does..	1
Rowing boats to hire. Swimming pool	1
Hastings offers reduced price leisure centre facilities for retired local people would be good if Bexhill could do the same	1
Free parking for bowlers at Egerton Park. Away players are refusing to play because of having to pay .	1
More naturist beaches	1
More cycle paths and cycle lanes on roads	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Cycle routes. Cycling paths	1
Aqua aerobics	1
Quality exclusive swimming pool more cycle paths and cycle safe/secure parking in town.	1
I am passionate about outside sport / activity and wish more people realised what free fun there is to be had	1
Ten pin bowling as promised when Ravenside lanes were closed.	1
More Tai Chi or Chi Kung classes led by Alex who does De La Warr on Friday mornings	1
freedom leisure classes boring - new classes not offered pool shower & changing facilities very poor	
Pool that can be zoned off for individuals to rehab joints etc	
Community Run All Weather pitch - Not even considered in your list above	1
Local footpaths map	1
After cancer surgery as I need specialist advice	1
Improve the tennis courts and nets in Egerton park as play areas are unsafe with weeds growing and uneven surfaces and broken nets it would be nice if someone also stopped the older teenagers from playing football on the courts as they are breaking the nets and spoiling the courts for others.	1
More facilities for children and teens. Cafes bowling cinema etc	1
more affordable Pilates classes	1
more spaces available for people with long term conditions. I'm qualified but struggle to find locations to teach	1
Cycle paths and trails	1
Tidal seawater pool.	1
Miniature golf or crazy golf or putting green	1
Rural all weather facilities	1
Senior only swimming sessions	1
More skateboard areas more green spaces	1
Free parking in council run. Activity sites.	1
Better Tennis courts	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Longer opening hours for people who work full time . Earlier opening and later closing	1
David Lloyd or Burgess Hill LC quality of facilities in Bexhill	1
Dog -related exercise-parks	1
Better cycling facilities. Better road surfaces cycle lanes storage facilities/cycle racks.	1
Water feature on the promenade	1
Sauna jacuzzi steam room	1
Cycle ways.	1
Egerton Park indoor bowls car park. I know we have some spaces but as town workers park in the streets nearby it would be great to be able to use the other spaces without having to pay - like we used to before the pandemic.	1
A joined up system of footpaths around down and to enable walkers to get to the Highwoods safety without walking	1
Running track	1
Bridal paths	1
Clear and maintained footpath network	1
Hockey pitch	1
Classes	1
Jacuzzi/hot tub	1
More 3G football facilities which could become self-sufficient. Better indoor facilities across Bexhill . Indoor halls for walking sports need a viewing area and a decent cafe.	1
Bring back classes for heart conditions.	1
Remove parking charges outside Egerton park. More cycle routes or bridle ways.	1
Dancing	1
Very local walking group so you don't have to use public transport to access them	1
Outdoor pool - near the seafront	1
sauna hot tub and ten pin bowling	1
Swimming pool and gym building all under one roof like David Lloyd or Bannatynes	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
A Peace Garden (similar to Hastings) for quiet mindful contemplation.	1
Safe cycling routes and cycling groups for older adults	1
full health club facilities to include sauna steam room and jacuzzi	
lanes should be dedicated at all times and separated for faster swimmers	1
Cycle lanes	1
More access to swimming after school/evenings for families All pools seem to be lanes or lessons	
Easier access to swim senior citizen	1
Would love a modern swimming centre maybe linked to other sports.	1
Would be good to integrate adult leisure/learning with young people's education facilities	1
Outdoor facilities for walking football e.g. 3G surface	1
I would like to be able to walk along our seafront without fear of being knocked down by a cyclist - I have had several near misses and the pleasure has gone now. Better swimming facilities would be wonderful. It is always too busy to swim properly at the time of day that I like to go.	1
More and better cycling lanes	1
A specific learner pool for young children heated to the correct temperature as babies toddlers and non-swimmers should only be in pools above 30 degrees as per swim England guidance	1
Opportunity for older people to start a new activity	1
Update/modernise the leisure centre.	1
More options for teens	1
Accessible 4g facility	1
Continued aquafit keeping the sea clean/stopping sewage	1
More cycle lanes & paths	1
More all-weather football pitches To play and train on all year round	1
More cycle lanes to improve safety of cyclists and encourage more people to cycle	1
Bike park a lido on Westfield Down.	1
I haven't been for a while but availability of anti-bacterial wipes at Egerton outdoor gym and it's frequent oiling would encourage me to use that again	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Well maintained energy efficient village halls for multipurpose use from education to physical exercise to social group use e.g. local kindergarten/playgroup to social events e.g. coffee mornings national celebrations wedding receptions etc. This would give local people local access to facilities that genuinely make up the fabric and quality of their everyday lives and offer a good way to charge rates for use that will help towards the upkeep of the grounds and building.	1
Cycle tracks	1
More all-weather football pitch facilities	1
Nowhere near enough out door artificial/all-weather sports facilities. football	1
Table tennis	1
Better access to track facilities	1
I would like to use the footways and paths without having to avoid encroachment and parked vehicles	1
5 aside football pitch	1
Safe cycling routes	1
Basketball court	
Safer cycling on the roads. Potholes are very dangerous	1
Bowling alley. Bigger pool with slides flumes etc.	1
3G football pitches.	1
Sea pool so we can swim in all conditions	1
Ten pin bowling was promised a relocation when closed at Glyne Gap	1
A 'Goals' facility. Five a side astro pitches for short time hire with floodlights	1
None of the above - I do not participate in the use of any of these and never have done	1
A leisure pool with flumes	1
Off road cycling suitable for road bikes	1
More facilities for older but still fit members of society	1
Somewhere for the teens to hang out	1
Indoor tennis	1
More facilities for children	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Open air swimming pool	1
Tennis badminton skate and bike tracks and parks	1
Bexhill pool is ok however we need A bigger swimming pool	1
Improvements to Village Halls	1
More safe cycle lanes Bexhill prom to have marked cycle lanes lower prom to be cycle friendly	1
Rural concrete skate facilities wood like rye deteriorates and tarmac is awful for anything other than bikes	1
Better parks and sports facilities in parks	1
Special protected cycle lanes	1
more local swimming/gym - I have to travel 30 mins each way	1
Croquet is a great leisure activity which caters for all ages all abilities and gender. This sport allow s for gentle exercise	1
more archery ranges indoor and out	1
Non concrete tennis court outdoor lido subsidised swimming	1
Swimming pool classes not lane swimming	1
Lido	2
A wider variety of team sports than exists in Rye currently	1
Very highly trained personal trainers in multipurpose studios.	1
tennis courts	1
Outdoor swimming	1
A pool near to Battle. Doesn't necessarily have to be laned	1
Bridle paths	1
Running facilities	1
Bigger swimming pool in Bexhill area bigger cleaner, soft play for young kids	1
Ground on the promenade that you can skate easily on	1
trampolining and soft play	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
More options for Zumba classes more controlled lane swimming (stop people blocking lanes etc)	1
A flat bottomed pool for water aerobics. I have broken a toe before by trying to do it in too shallow a part of a standard pool	1
A spa hotel	1
More opportunities to do yoga and Pilates. Opportunities for young people to join too	1
Bigger Sports Hall bigger climbing wall	1
Sauna Steam Jacuzzi spa health suite	1
Outdoor swimming pool/lido	
More safe cycling routes.	1
More public tennis courts	1
More for family's & or older generation. Such as rebuilding the Sidley club off of North rd.	1
Classes for the over-60s	1
Free car parking at sporting sites	1
A small bore target range and a full bore range	1
Facilities on the rural areas not on Bexhill as Hastings is easier to get to	1
Provision for HEMA Training.	1
More Aquafit sessions. Incredibly popular regularly not enough space for the amount of people wishing to attend.	1
some dedicated challenging mountain bike trails locally as there are none locally	1
Cycle lane in Bexhill	1
Tennis courts	2
Better and safer cycle paths	
More aquafit classes as the ones now held are always full	1
Better rural transport - bus routes	1
Safer roads and reduced speeds	1
Roller Skating rink	1

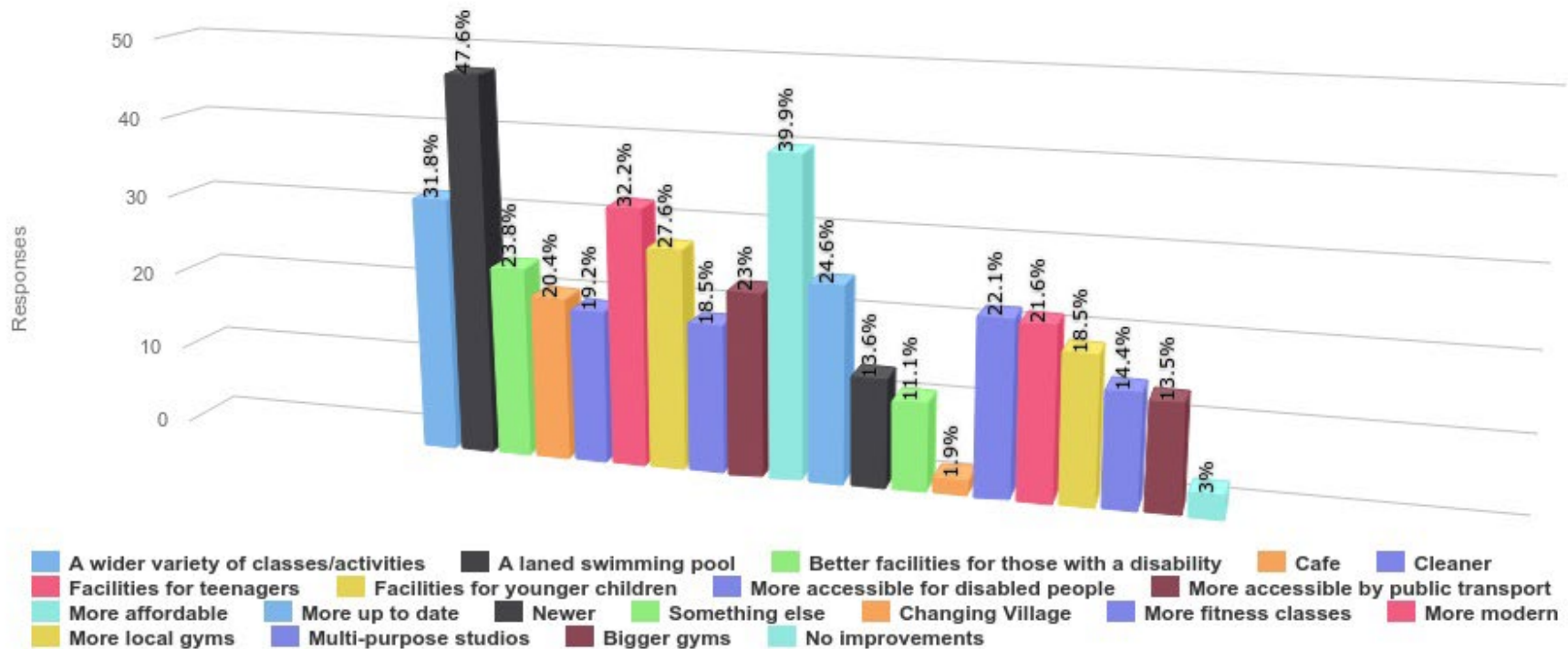
Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
Cricket practice facilities	1
More squash courts	1
Walking tennis for older people and those seeking to get fit	
Outdoor pickleball courts	1
Outdoor gyms	1
More for over 70s with no car	1
Over 60s keep fit sessions	1
Padel courts - fastest growing sport in Europe	1
Properly scrubbed (all ledges floors etc - esp. in ladies toilets) and proper music systems in studios and more Pilates classes (esp. on Sundays) at Bexhill Leisure Centre	1
Exercise classes for people with age related problems such as arthritis	1
more wheelchair accessible walking routes replace stiles with gates replace kissing gates with a single opening gate to allow pushchairs & wheelchairs through & wheelchair accessible tables at country parks like the 6 sided ones that have one fixed seat removed to allow a pushchair to be put up to the table.	1
Indoor bowls	1
Easier parking	1
Tennis court	1
Safe cycling and walking outdoors	1
More to the east of Bexhill especially for children. The bowling alley is still missed	1
I find it hard to believe that Rye town does not have any public tennis court facilities. The private tennis club is very expensive.	1
More swimming pools - the one in Ravenside is manky	1
New pavilion at Battle Rec with function room better showers and cafe	
more public squash courts	1
Multi-purpose sports hall for things like badminton trampolining indoor team sports etc	1
Croquet - often a misunderstood outdoor sport is quite a rare sport in this area and more clubs - or more help in beginning/running a club of this calibre is needed and supported. This sport caters for ALL ages ALL abilities and gender. Croquet is competitive yet sociable; enjoyable active and healthy. It can help alleviate loneliness and stress and mental health issues as it offer friendships fun and gentle exercise to all.	1

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#
would like to participate in dance exercise or attend pensioners disco!	1
Better access to water sports for all	1
Pilates class	1
Community meeting place with information centre in Robertsbridge	1
swimming pool with specified times for children and adults and for beginners	1
Mini golf or crazy golf near de la war pavilion and outdoor lido like Seaford	1
Daily access to a flat lawn with pavilion to use for croquet	1
outdoor gym	1
A hydro pool so disabled people can swim/exercise	1
spin-classes	1
free car or reduced rate car parking for pensioners near the bowls clubs especially on dark winter nights.	1
happy as is	
Better quality music venues. Not everyone wants to stand on a pier or a pub.	1
Squash Courts	1
Better family pool	1
walking and cycling tracks	1
Total	243
Skipped	1159

21. What improvements would you like to see local to you? Please click on all that apply.



Answer	All	Urban	Rural
A wider variety of classes/activities	377 31.80%	157 33.4%	217 31.4%
A laned swimming pool	564 47.60%	229 48.7%	325 47.0%
Better facilities for those with a disability	282 23.80%	116 24.7%	163 23.6%
Cafe	242 20.40%	89 18.9%	149 21.6%
Cleaner	228 19.20%	105 22.3%	119 17.2%
Facilities for teenagers	382 32.20%	165 35.1%	210 30.4%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	All		Urban		Rural	
Facilities for younger children	327	27.60%	127	27.0%	195	28.2%
More accessible for disabled people	220	18.50%	86	18.3%	130	18.8%
More accessible by public transport	273	23%	93	19.8%	174	25.2%
More affordable	473	39.90%	181	38.5%	286	41.4%
More up to date	292	24.60%	139	29.6%	149	21.6%
Newer	161	13.60%	83	17.7%	76	11.0%
Something else	132	11.10%	61	13.0%	71	10.3%
Changing Village	23	1.90%	8	1.7%	15	2.2%
More fitness classes	262	22.10%	95	20.2%	163	23.6%
More modern	256	21.60%	119	25.3%	129	18.7%
More local gyms	219	18.50%	77	16.4%	139	20.1%
Multi-purpose studios	171	14.40%	74	15.7%	95	13.7%
Bigger gyms	160	13.50%	70	14.9%	88	12.7%
No improvements	35	3%	11	2.3%	23	3.3%
Total	1186	100%	470	100.0%	691	100.0%

22. What improvements would you like to see local to you? (Other)

Answer
Something for people that have chronic breathing issues
10 pin bowling
Pitch and put course
Do not use any of these
You ask about younger children teenagers but not over 60s... interesting.
The new bowling alley we were promised when Marks and Spencer had the site of the old very well used one
Classes for parents and children
Outside exercise machines fir adults in parks and green areas
Classes available in the evenings for people who work
Adult playground exercise yard. Safe areas for rehabilitation for disabled and frail of all ages. Also including wheelchair users. (Low pull up bars? A long run or circular route of (low) parallel bars to help with safe rehabilitation exercise after leg or joint operations.
Actual sports archery table tennis badminton etc
More to accommodate the elderly
Cycle lanes and improved road surfaces
Hydrotherapy
Tai chi/ martial arts
More swimming pools
Exercise equipment on Seafront plus Crazy Golf plus Petanque
3G Sports Pitch
One to one at affordable prices
Classes during early evening instead of them being for children
Ice rink
For older people

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer
Quality of instructors
6.00 starts
Sunbed/tanning facility. Nice clean full sized pool
No dropped kerbs...sloping pavements that run the scooter into houses!
Support for beginners in classes for disabled or injured
A main centre where many facilities are interchangeable on one site
Cheaper parking at leisure/ sport centres
Zumba
Free parking at Weekends to encourage people to visit.
More cycle paths and cycle lanes on roads
More artificial pitches to allow for better football
Better grass pitch to play on and a new football pavilion in Battle
More cycle paths segregated from traffic. Secure town cycle parking.
Emphasis on older people group training.
Repairs to the children's playground in Northiam which was damaged over 6 months ago
Hydrotherapy pool or area of larger pool protected
All Weather facilities - Football pitch size like every other local authority
Local foot path map
Cycle paths
Tidal seawater pool.
All weather outdoor facilities
Longer opening hours for people who work full time . Early opening and later closing
Dog exercise-related_-facilities
Water fountain feature repaired

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer

Smoother roads without potholes or bumps.

Just want 3G facilities and more of them. Choice could bring about competition and affordable prices. Better and more reasonably sized indoor facilities too.

More play areas on public land for toddlers and junior age children

Bus services linked sensibly for more routes and to train stations. Speed limits on smaller roads with no pavements reduced to 40 they are not dual carriageways then I and others would cycle. Cycle paths linking villages along ancient footpaths.

Remove parking charges outside Egerton Park or have club concessions. More places to cycle of road

The gyms are far too expensive

Outdoor pool

A fast train to London

Classes for improving mental health mindfulness meditation etc.

Safe cycling routes. Facilities for older residents and classes suited to them.

bike track at local park

Cycle lanes

Remove car park charge at Egerton Park

More access to swimming after school/evenings for families. All pools seem to be lanes or lessons.

council should not be spending money this way!

Improvements to the existing changing facilities/pavilions

More green space

Outdoor exercise facilities safe cycling routes

More cycle lanes & paths

The continuation of outdoor dance and chi kung would be welcome

Exercise sessions suitable for those with disabilities but not aimed at the elderly and during the working day

Polegrove grass is lovely for cricket but not cared for by council during football season

Cycling

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer
Encroachment management
Basketball court
More leisure facilities that can be accessed as a family.
Astro turf multi-sport facility
I am ambivalent as I never use any of these - I detest sport!
Off road cycling
Orienteering course
I'm I. Fairlight young and teen facilities not controlled by private members over 65
rother should be spending more money on other key issues i.e. refugees/homeless and not leisure facilities
bicycle lanes far more important private gyms are all ok rother district council should be spending any spare money on other more essential things
please spend rate payers money on other essential things leisure is not an essential need
archery range
Lido
A flat bottomed pool
Water sports
More safe cycling routes.
A Sidley club for ALL as it was before. Games Socialising fairs etc.
Better public transport to Ravenside leisure pool
Better Routine maintenance of public Footpaths hedges alongside roads and footpaths
Marked Hopscotch Grid on promenade near to the Old Bathing Station
Indoor range
Lockers which work
Facilities for older people
Les Mills classes locally. David Lloyd standard facility in Bexhill

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer

More dedicated cycle paths

Early morning & late evening sessions

Suggest dance classes outside in summer on a hard standing if possible.

outdoor pool and table tennis tables

Exercises for the Elderly

More squash courts

Indoor and outdoor pickleball courts

More outdoor exercise classes

Bowling alley

Crazy golf centre

Safe cycling and walking separate from traffic

Classes for those with chronic health problems

See previous answers: Tennis!

More swimming pools with pre-book only access and reduced numbers

The chance to offer this sport to all those within our area within a self-governed club which would allow us to play all year round - weather permitting..
There is

Juggling and circus classes

Naturist swimming

Women only sessions that would accommodate 12 year olds too swimming

Cleaner river for swimming.

outdoor fitness classes

none!

Tenpin bowling

Childcare

better maintenance of pavements & roads

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer

nothing!

who wouldn't want better but fine as is and wouldn't want council to spend more money

no improvements necessary rate payer money should be spent elsewhere

nothing. council should be spending more money on homeless

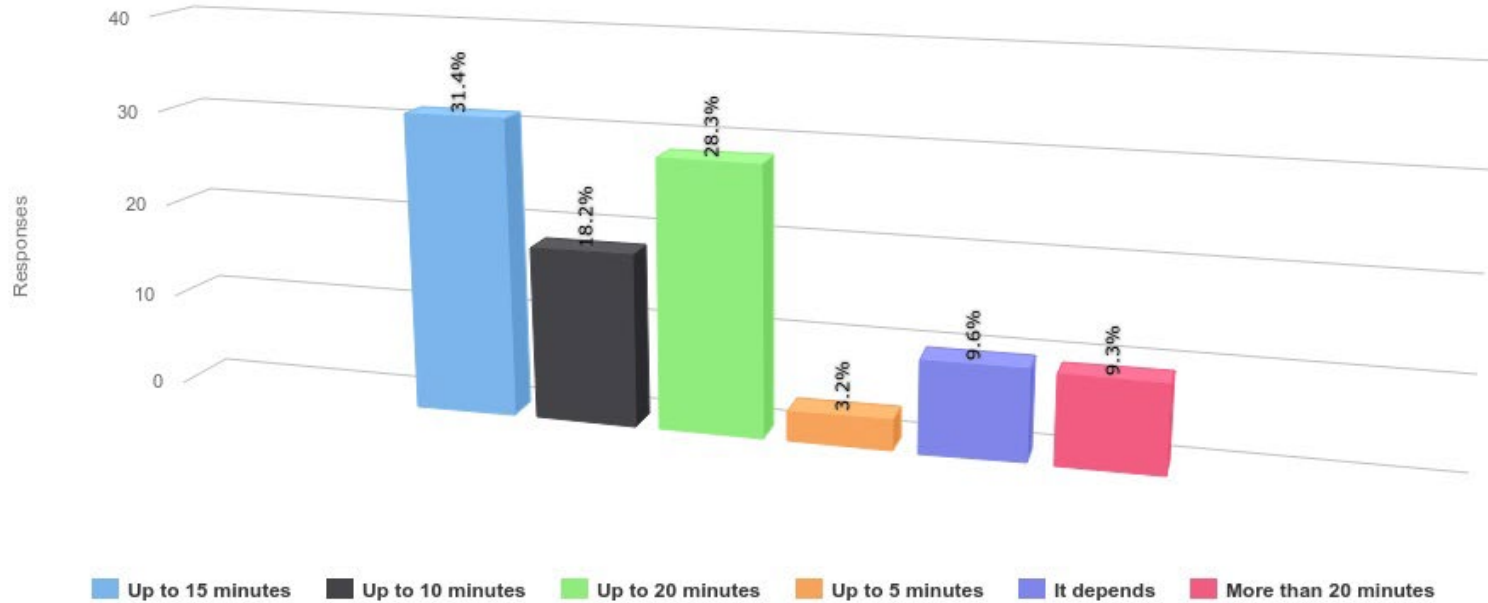
Squash Courts

Improved family pool clearer and more affordable residents membership options more facilities on the outskirts of town (Sidley little common Pebsham)

none

Netball Court/ football pitch both with floodlights.

23. How far would you be willing to travel to use fitness or leisure facilities on a regular basis (by car, bus, bike or on foot)?



Answer	#	%
Up to 15 minutes	388	31.4%
Up to 10 minutes	225	18.2%
Up to 20 minutes	349	28.3%
Up to 5 minutes	39	3.2%
It depends	119	9.6%
More than 20 minutes	115	9.3%
Total	1235	100%
Skipped	179	12.66%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

24. Other comments

Answer	#	%
The quality of the available facilities.	1	1%
How far I have to walk	1	1%
HOW MUCH A WHEELCHAIR TAXI WOULD COST	1	1%
On the facility ease of parking (mobility issues due to injury so no blue badge but need on side parking level access close to facility)	1	1%
Facilities available i.e. a landed swimming pool	1	1%
I wouldn't bother as too many foreigners and drug addicts in Bexhill now	1	1%
The weather	2	2%
Whether I could manage bus travel	1	1%
bus availability	1	1%
The event	1	1%
On what the activity is and where it is and whether there are parking facilities	1	1%
What is being offered	1	1%
Walking preferred so up to 15 minutes..	1	1%
what it is	1	1%
on the supply of oxygen	1	1%
it depends on what mode - there are basically no buses where I live so everything has to be by foot	1	1%
If the facility is of high quality and more modern and offered more choice I'd be willing to travel up to 30 minutes	1	1%
What I feel like	1	1%
How good the facility was	1	1%
On what is on offer	1	1%
ON what is available	1	1%
How good the facility	1	1%
On the price of the activity	1	1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
Fuel costs and availability of services	1	1%
What's on offer	1	1%
On what the gym has to offer	1	1%
If it was something special	1	1%
I live in rural area so cost of travel on top of cost of activities is a concern	1	1%
Parking availability	1	1%
Would like newcomer lifeguard training locally	1	1%
If there is a clean well run family paddling pool with family picnic area I would travel there. Bexhill had a lovely children's water area but it's shut down	1	1%
on an improved bus service and cost of activity	1	1%
Where and ease of transport	1	1%
On ease of transport weather. 15min walk is v different from 15mins drive.	1	1%
Getting there! Cannot use a bus and Robertsbridge is user unfriendly for scooters and wheelchairs....	1	1%
On how good it was	1	1%
Where the new facilities are. I live in an area that has no facilities for disabled.	1	1%
how much need to pay when get there as well as cost going- bills are going up and things are getting more difficult to manage costs and paying bills- leisure costs will be the extra that can go unfortunately	1	1%
The activity	2	2%
What the facilities are like	1	1%
What the activity is	1	1%
I would not be willing to travel but you did not give that option!	1	1%
How keen I was	1	1%
I'll walk 30 mins but prefer not to drive anywhere and busses are unreliable	1	1%
On the venues attractiveness and usefulness to me	1	1%
Level of facilities and cost	1	1%

Rother District Council
Health, Wellbeing and Leisure Strategy 2023-2033

Answer	#	%
On how much better they are than those at present but hopefully no more than 15 minutes away.	1	1%
How good facility is	1	1%
How good the facility was.	1	1%
Your question is a muddle as one might be prepared to go 20 minutes' walk but if further it would be only 5 minutes in a car	1	1%
I identify myself with playing for Bexhill therefore I don't want to leave the area to get the facilities we need urgently.	1	1%
On activity	1	1%
what activities	1	1%
Would like to be able to walk to gym up to 10 minutes	1	1%
what is available	1	1%
Equipment	1	1%
On the facilities I was trying to access e.g. a swimming pool is unlikely to be closer than a 15 minutes' drive whereas an exercise class or education class could if the village hall was updated and facilities improved would be only a 7 minutes' walk.	1	1%
definition of regular and the actual purpose	1	1%
As above!	1	1%
How good the facilities were	1	1%
The time of day. How much I enjoyed the activity	1	1%
If it's worth traveling to	1	1%
What activity I would be doing	1	1%
if on foot half an hour by car 20 mins	1	1%
I have to travel for 45 minutes to dance already - I will have to restrict when I retire as won't be able to afford fuel n entrance twice a week plus additional Friday dances	1	1%
On what is on offer timings etc	1	1%
On how go the facility or class is	1	1%
On what it is	1	1%
Mode of transport. Close is always better	1	1%

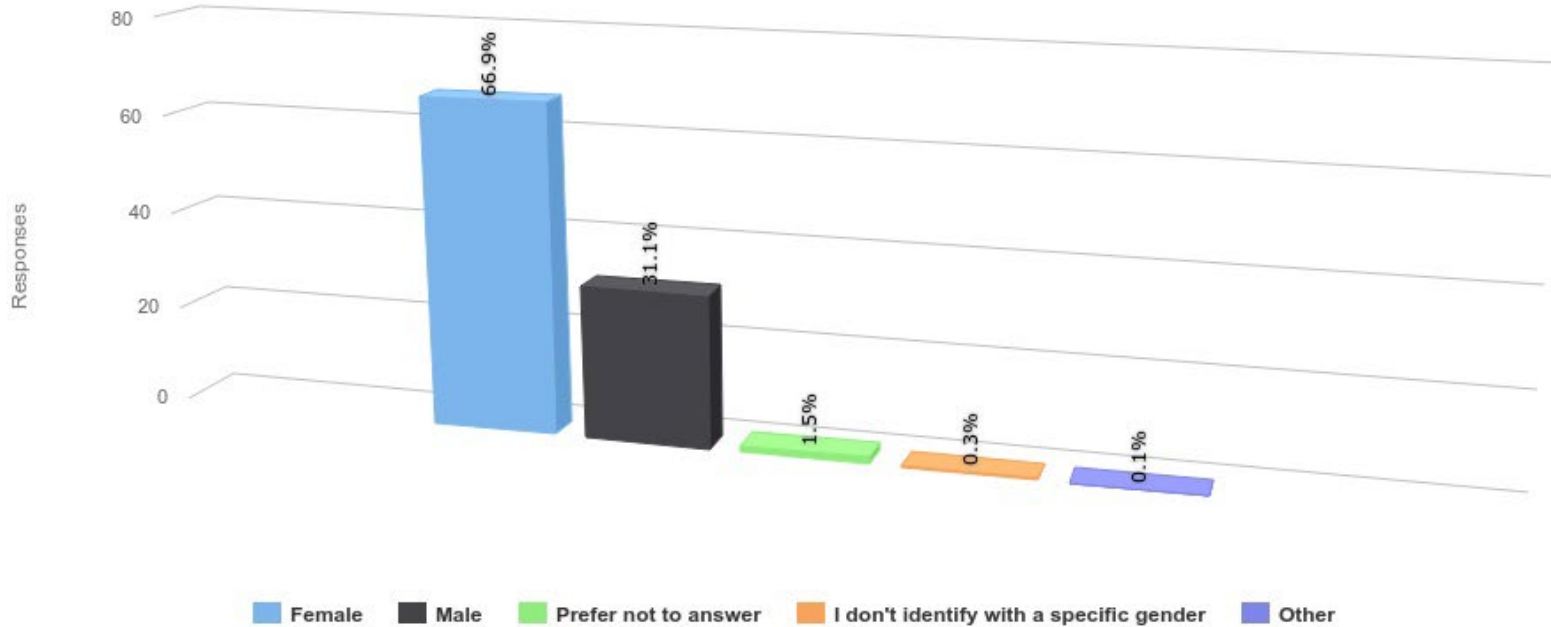
Rother District Council
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Answer	#	%
How good they are and taken care of cost etc	1	1%
Where it is	1	1%
On what is available. Currently I am doing a 2 hour trip each way weekly for HEMA	1	1%
how good the facility is	2	2%
How good the facility is. For example I now drive 30 minutes to Hampden Park to access a swimming pool. But generally I would want facilities to be nearer.	1	1%
If it was a good sized swimming pool and easy to get to	1	1%
On what's on offer	1	1%
Place facilities type of activity	1	1%
How good the facilities are which are on offer	1	1%
I rely on public transport. A more frequent service would be a help . I often get cabs	1	1%
On the type of activity.	1	1%
On what the activity is	1	1%
How nice the facilities are cost and availability	1	1%
On the activity	1	1%
Frequency of transport	1	1%
Cost of public transport ease of public transport transporting bike to place to use	1	1%
What the club or leisure facility can offer me.	1	1%
I live less than 10 minutes' walk from Bexhill Leisure Centre so walk. Use bike to reach Polegrove Bowls Club sea and pool.	1	1%
Only walking! Up to 20 mins.	1	1%
15 minute walk. A 15 min drive is frankly ridiculous the price of fuel	1	1%
On the local public transport	1	1%
What it is	1	1%
on what the facilities were	1	1%
If I can safely walk to as registered SSI or have to rely on car lifts and/or public transport to get to and from to.	1	1%

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Answer	#	%
What the facilities were	1	1%
on what's on offer!		0%
On various things e.g. what I'm travelling to do.	1	1%
By foot up to 5 minutes. By bus up to 10 minutes.	1	1%
Interest	1	1%
If I need to take any of my own equipment transport options	1	1%
On foot would be great but there are not enough footpaths to link villages and amenities together to encourage walking	1	1%
Total	102	100%
Skipped	1311	92.78%

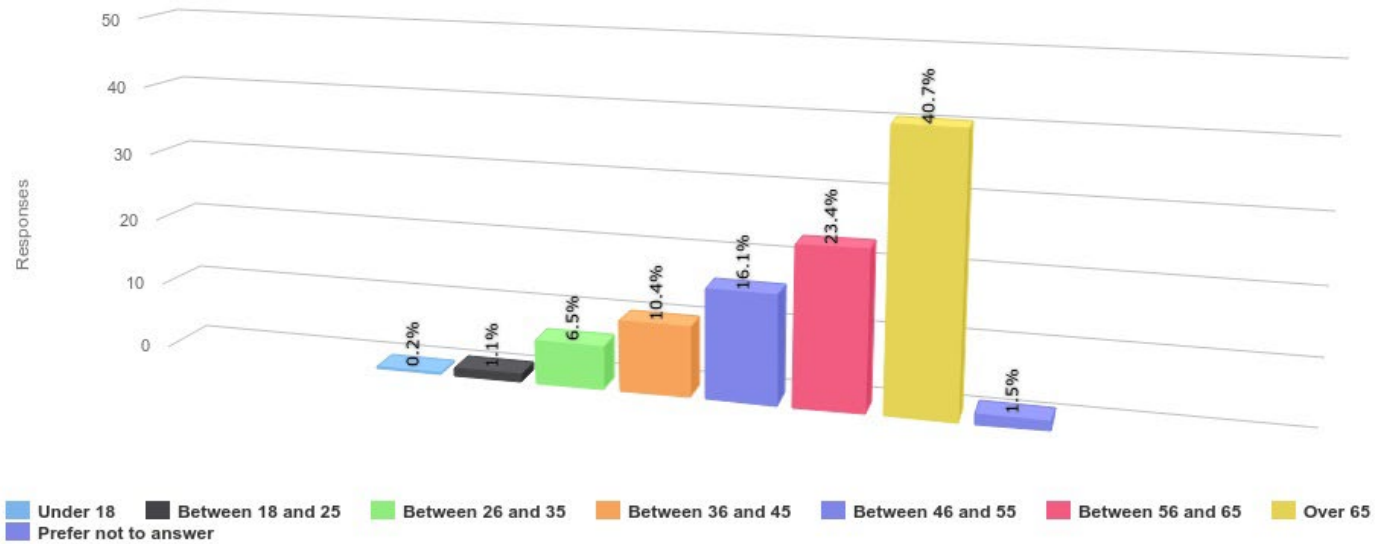
25. How would you describe your gender?



Answer	#	%
Female	823	66.9%
Male	383	31.1%
Prefer not to answer	19	1.5%
I don't identify with a specific gender	4	0.3%
Other	1	0.1%
Total	1230	100%
Skipped	184	13.01%

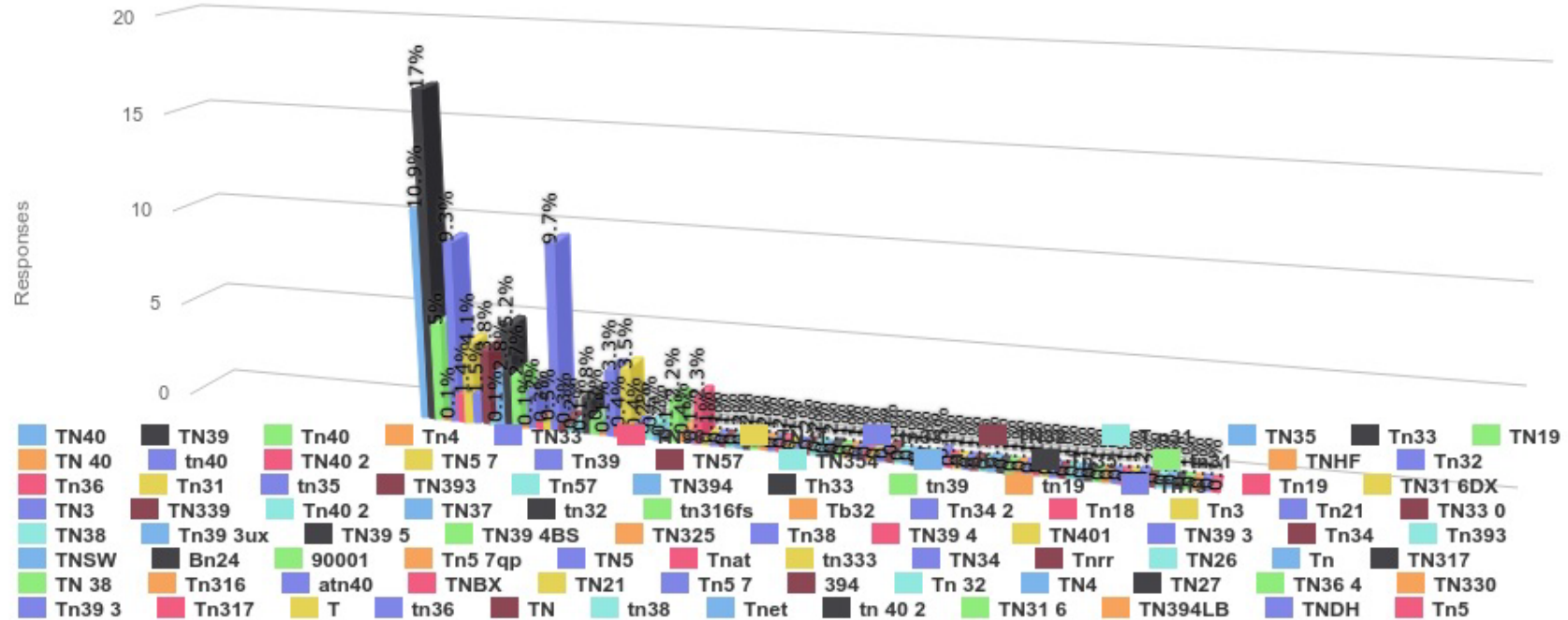
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26. In which of these age groups are you?



Answer	#	%
Under 18	3	0.2%
Between 18 and 25	14	1.1%
Between 26 and 35	80	6.5%
Between 36 and 45	127	10.4%
Between 46 and 55	197	16.1%
Between 56 and 65	286	23.4%
Over 65	498	40.7%
Prefer not to answer	18	1.5%
Total	1223	100%
Skipped	191	13.51%

27. Please give us the first four characters (only) of your postcode

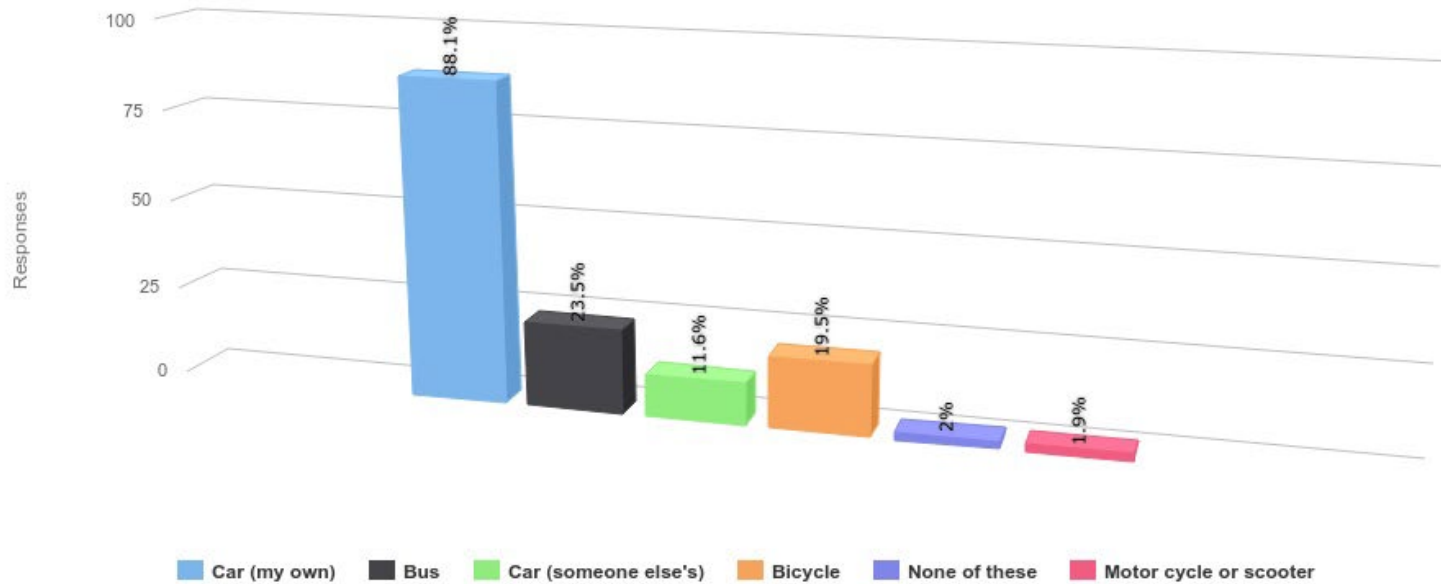


Derived area	N	%
?	3	0.25%
Battle	200	16.60%
Bethersden	1	0.08%
Bexhill	584	48.46%
Etchingham	65	5.39%
Hastings	69	5.73%

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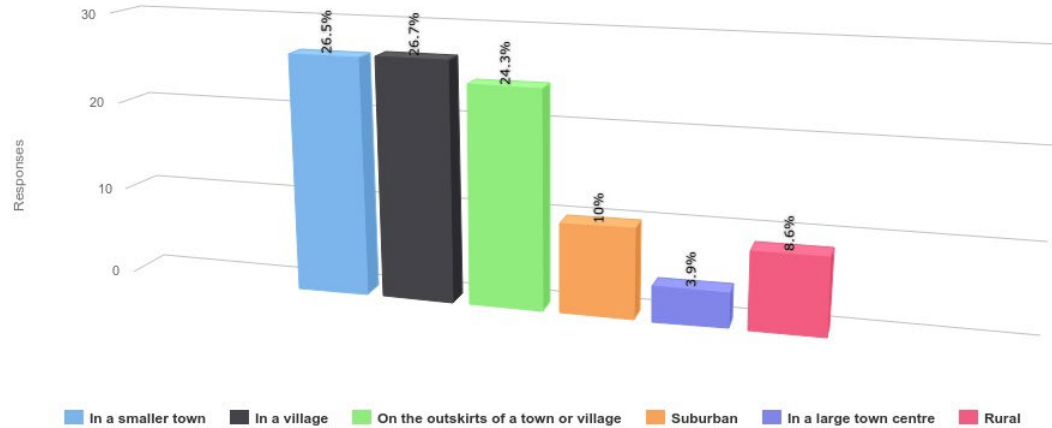
Derived area	N	%
Hawkhurst	3	0.25%
Headcorn	1	0.08%
Heathfield	2	0.17%
Lamberhurst	2	0.17%
Pebsham	3	0.25%
Pevensey	1	0.08%
Robertsbridge	92	7.63%
Rye	106	8.80%
St. Leonards	9	0.75%
Ticehurst	24	1.99%
TN?	12	1.00%
Tunbridge Wells	3	0.25%
Winchelsea	25	2.07%
Total	1205	

28. Which of these forms of transport do you use? Please click on all that apply.



Answer	#	%
Car (my own)	1078	88.1%
Bus	288	23.5%
Car (someone else's)	142	11.6%
Bicycle	238	19.5%
None of these	24	2%
Motor cycle or scooter	23	1.9%
Total	1223	100%
Skipped	191	13.51%

29. How would you describe the area where you live?



Answer	#	%
In a smaller town	323	26.5%
In a village	326	26.7%
On the outskirts of a town or village	297	24.3%
Suburban	122	10%
In a large town centre	48	3.9%
Rural	105	8.6%
Total	1221	100%
Skipped	193	13.65%